



THE MESSENGER

Community

The St. Mark's Altar Guild is putting together a cookbook! The title will be *"St. Mark's Altar Guild Sets the Table."* It will also include a brief history of St. Mark's, pictures, as well as pictures of our silver and the new Sacristy. There is an email address for members of the congregation to begin sending in recipes. Send them to altarguildcookbook@gmail.com
Deadline for entry is October 31.

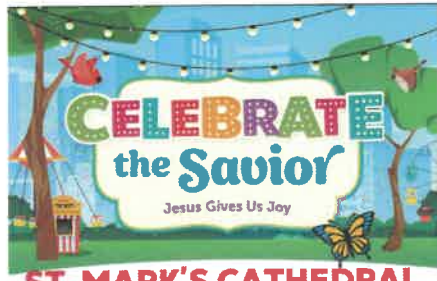
We Serve Camp is July 29-Aug 2, 2024

We Serve is a weeklong day camp where students will be given to opportunity to serve our neighbors both within our parish and our community. We will work on service projects in the mornings and do fun activities in the afternoons. Camp is open to rising 4th graders and up. High School and middle school students will have the opportunity to earn service hours for their work during the week. Some of the places we will be serving will include the cooking crew, The Hub, Common Ground and more. All students will receive a We Serve t-shirt. Go to www.stmarkscathedral.net to register.

Education for Ministry (EfM) is open for registration.

If you are interested in joining the program for the 2024-25 year, please be in touch with Fr. Thomas (thomas@stmarkscathedral.net) as soon as possible.

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 Shreveport, LA
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ST. MARK'S CATHEDRAL VBS

JULY 15-19, 2024
9AM - 12 PM

4yrs old (by 8/31/23) to
 rising 5th grade (grade entering in 2024 year)

All children **MUST** be potty trained.

[Click HERE to sign up](#)

For More information contact Amy in the church office. amy@stmarkscathedral.net

Happy Birthday

July 7	10	12
Beth Allen	Carol Peterson	Robin Jennings
Ashley Nader	Kelly Deupree	LG Ameen
Chris Cottingham	Sherry Ward	Clyde Hargrove
Michael Schimpf	Connie Emmons	
Sydney Smith	Joanne Russell	13
Brittney Thomas	Tina Strong	Kate Davis
	Elise Kowalewski	Natalie Cole
8		Chadwick Erie
Dodie Billingsley	11	
Bob Williamson	Lauren Florsheim	
Lloyd Comegys	Kellie Kilcline	
Vivian Pettiette	Sam Powell	
	Mollie Kate Morton	
9		
Pam Comegys		
Mary Yancey		

St. Mark's Cathedral (Episcopal)

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 Shreveport, LA 71104

(318) 221-3360

Fax: (318) 424-8427

www.stmarkscathedral.net

Address Service Requested

Back to school! Shriners Hospital is needing school supplies!

Here are the top nine needs:

- 1 and 2 inch binders
- Loose leaf paper
- Pink erasers
- 1, 3, and 5 subject spiral notebooks
- Pocket folders with brads
- #2 pencils
- Red, blue and black pens
- Composition notebooks
- Small pencil sharpeners

Please drop off at the church office by July 31. If you would like to donate money, contact Jennifer Beruvides at beruvidesr@bellsouth.net.

Bored this summer? Need volunteer hours?

Community Renewal Friendship houses need help in several areas:

- 1. Volunteers to tutor struggling children to keep up their school skills.
- 2. Luggage/duffle bags (new or used) for the youth to go to summer camp.
- 3. Host for a summer splash party.
- 4. Volunteers for summer lunches.
- 5. Donation of travel hygiene items (shampoo, conditioner, soap, lotion) for youth going to camp.

A receptacle will be in the church office for hygiene items. Bags/luggage can be left in the front office. For more information or wanting to donate money contact Jennifer Beruvides at beruvidesr@bellsouth.net.

Could you or someone you know benefit from a Stephen Minister?

Several who have received compassionate care from one of our Stephen Ministers have agreed to share their experience and gratitude. - One of our Care Receivers writes:

My Stephen Minister and I met once a week for almost two years. He was very good, dedicated and a great listener! I like to say he listened to my war stories! This program really fits someone like me who has no family to visit with, although I'm sure others would benefit also. Thank you for letting me be in your Stephen Ministry program; I wish you continued success and blessings!

For more information about Stephen Ministry, contact the Rev. Thomas Nsubuga.

St Mark's Work Out. Come join a group that rises early to exercise in the mornings with short runs, barbell workouts, and calisthenics.
5:30 am - 6:15 am - Monday, Tuesday, Thursday and Friday
Necessary equipment onsite.
Call Dean Johnson in the office for more information.

Thoughts from the Dean and the Stewardship Team

Jesus calls us as his disciples to a new way of life, the Christian way of life. He calls us individually by name. Each one of us ... clergy, layperson; married, single, adult, child ... has a personal vocation. God intends each one of us to play a unique role in carrying out the divine plan. The challenge then is to understand our role, our vocation, and to respond generously to this call from God. Christian vocation entails the practice of stewardship. In addition, Christ calls each of us to be stewards of our personal vocations, which we receive from God.

Upcoming Events

- July 8-12** **Art Camp**
- July 15-19** **Vacation Bible School**
- July 29-August 2** **We Serve Camp**

Sunday Readings

The Seventh Sunday after Pentecost
Ezekiel 2:1-5 * 2 Corinthians 12:2-10
Mark 6:1-13