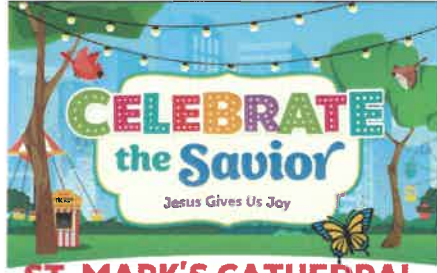


July 10, 2024

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# ST. MARK'S CATHEDRAL VBS

**JULY 15-19, 2024**  
**9AM - 12 PM**

4yrs old (by 8/31/23) to  
rising 5th grade (grade entering in 2024 year)

All children **MUST** be potty trained.

[Click HERE to sign up](#)

For More Information contact Amy in the church office. amy@stmarkscathedral.net

## Happy Birthday

- |   |  |  |
|---|--|--|
| <b>July 14</b><br>Amy Lewis<br>Jennie Jamerson  | <b>17</b><br>William Hardtner<br>Danielle Hilario<br>Katharine Knicely<br>Ellen Erwin<br>Stratton Erwin<br>Alex Hall | <b>19</b><br>Darrell Rebouche<br>John Atkins                     |
| <b>15</b><br>Benny Popwell<br>Marie Toles<br>Susannah Poljak<br>Christian Hall<br>Collier McElroy | <b>18</b><br>Judy Storer<br>Roger Hammett<br>Thomas Poljak   | <b>20</b><br>Clayton Simmons<br>Caitlyn Hinkie<br>Campbell Jones |
| <b>16</b><br>Lynn Massad<br>Walker Woodham  |  |  |

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### St. Mark's Cathedral (Episcopal)

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[www.stmarkscathedral.net](http://www.stmarkscathedral.net)

Address Service Requested



## THE MESSENGER

### Community

#### **We Serve Camp is July 29-Aug 2, 2024**

We Serve is a weeklong day camp where students will be given to opportunity to serve our neighbors both within our parish and our community. We will work on service projects in the mornings and do fun activities in the afternoons. Camp is open to rising 4th graders and up. High School and middle school students will have the opportunity to earn service hours for their work during the week. Some of the places we will be serving will include the cooking crew, The Hub, Common Ground and more. All students will receive a We Serve t-shirt. Go to [www.stmarkscathedral.net](http://www.stmarkscathedral.net) to register.

#### **Back to school! Shriners Hospital is needing school supplies!**

Here are the top nine needs:

- 1 and 2 inch binders
- Loose leaf paper
- Pink erasers
- 1, 3, and 5 subject spiral notebooks
- Pocket folders with brads
- #2 pencils
- Red, blue and black pens
- Composition notebooks
- Small pencil sharpeners

**Please drop off at the church office by July 31. If you would like to donate money, contact Jennifer Beruvides at [beruvidesr@bellsouth.net](mailto:beruvidesr@bellsouth.net).**

**The St. Mark's Altar Guild is putting together a cookbook!** The title will be "*St. Mark's Altar Guild Sets the Table.*" It will also include a brief history of St. Mark's, pictures, as well as pictures of our silver and the new Sacristy. There is an email address for members of the congregation to begin sending in recipes. Send them to [altarguildcookbook@gmail.com](mailto:altarguildcookbook@gmail.com)  
**Deadline for entry is October 31.**

**Education for Ministry (EfM) is open for registration.** If you are interested in joining the program for the 2024-25 year, please be in touch with Fr. Thomas ([thomas@stmarkscathedral.net](mailto:thomas@stmarkscathedral.net)) as soon as possible.

**Bored this summer? Need volunteer hours?**

Community Renewal Friendship houses need help in several areas:

1. Volunteers to tutor struggling children to keep up their school skills.
2. Luggage/duffle bags (new or used) for the youth to go to summer camp.
3. Host for a summer splash party.
4. Volunteers for summer lunches.
5. Donation of travel hygiene items (shampoo, conditioner, soap, lotion) for youth going to camp.

A receptacle will be in the church office for hygiene items. Bags/luggage can be left in the front office. For more information or wanting to donate money contact Jennifer Beruvides at [beruvidesr@bellsouth.net](mailto:beruvidesr@bellsouth.net).

**Could you or someone you know benefit from a Stephen Minister?**

**Several who have received compassionate care from one of our Stephen Ministers have agreed to share their experience and gratitude. - One of our Care Receivers writes:**

My Stephen Minister and I met once a week for almost two years. He was very good, dedicated and a great listener! I like to say he listened to my war stories! This program really fits someone like me who has no family to visit with, although I'm sure others would benefit also. Thank you for letting me be in your Stephen Ministry program; I wish you continued success and blessings!

**For more information about Stephen Ministry, contact the Rev. Thomas Nsubuga.**

**St Mark's Work Out.** Come join a group that rises early to exercise in the mornings with short runs, barbell workouts, and calisthenics.  
5:30 am - 6:15 am - Monday, Tuesday, Thursday and Friday  
Necessary equipment onsite.  
Call Dean Johnson in the office for more information.

*Sunday Readings*

The Eighth Sunday after Pentecost  
Amos 7:7-15 \* Ephesians 1:3-14  
Mark 6:14-29

*Thoughts from the Dean and the Stewardship Team*

Giving is not only a practical matter making possible the operation of a church, but is also a symbolic act of offering ourselves and all we have to the Father. And the symbolic act is really the more important of the two. Everywhere in the Gospel, Jesus emphasizes the motivation of a person

*Upcoming Events*

July 15-19	Vacation Bible School
July 29-August 2	We Serve Camp
August 8	First Day of School
August 25	Rally Day Luncheon
September 2	Labor Day