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## Deaths

**Jerry Nixon**, sister of **George Jackson**, aunt of **Leslye Gilchrist**, on January 19, 2024.

## Happy Birthday

### February 4

Marilyn Kirkland  
Scotty Denhollem  
Candace  
Higginbotham  
Kyle McInnis  
Rose Eldredge

### 6

Sandy Dean  
Ashley Kisla  
Ashley McConnell

### 7

Watterson Young  
K. Michael Kilcline  
Kathryn Jackson  
David Culver

### 5

Marsha Friedrich  
Beverly Coltharpe  
Dalton Bijou  
Ashley Jackson  
Bryan Gibbs

### 9

Gwenn Coley  
Jake Stroud  
Jamie Eagles

### 10

D. Wesley Attaway  
Gaines Harris  
Morgan Ersoff  
Colin Carter  
Elizabeth Gore

**St. Mark's Cathedral (Episcopal)**

908 Rutherford Street  
Shreveport, LA 71104

(318) 221-3360

Fax: (318) 424-8427

[www.stmarkscathedral.net](http://www.stmarkscathedral.net)

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# THE MESSENGER

## Community

**Parents Night Out fundraiser for the Honduras Mission Trip. February 9, 2024. 5:30-8:30 pm** in the Ministry Center. Children must be potty trained to attend. \$20 per child Contact Amy to register. Amy@stmarkscathedral.net

**The Wednesday Night Book Study Group is coming soon!** The book for discussion for the next several weeks will be Adam Hamilton's *Christianity and World Religions...Questions We Ask About Other Faiths*. This one is not available on Audible but is on Kindle. In addition, You Tube has a trailer as well as the videos for all six chapters you can view. Pastor and best-selling author Adam Hamilton returns to one of his most popular topics, Christianity and world religions. This new, fully updated book and Bible study explores four major world religions—Hinduism, Buddhism, Islam, and Judaism—and compares the beliefs of each with those of Christianity. He deals openly and honestly with questions people ask about other religions.

**We are working to update our email lists.** If you are not receiving emails from the church (events, newsletters, etc.) please let Amy know in the church office. Email her at amy@stmarkscathedral.net?

To love and serve Christ.

To love and serve each other in Christ.

To love and serve the world for Christ.

**Lent is fast approaching.** Ash Wednesday is Valentine’s Day! Forty-seven contributors will be needed to produce Lenten Meditations 2024. “Be doers of the word, and not hearers only (James 1:22).” Contribute a meditation for this year’s Lenten booklet. **For information contact Laura McLemore at [laura.mclemore@lsus.edu](mailto:laura.mclemore@lsus.edu) or 318-655-4990.**

**Mark your calendars for our annual Shrove Tuesday burning of the Palms and Pancake Dinner on Tuesday, February 13.** Burning of the Palms is in the courtyard at 5:45 pm followed by dinner in the Parish Hall.

**Ash Wednesday services of Imposition of Ashes and Holy Eucharist are February 14 at 7:00 am (Chapel) 8:00 am, noon and 5:30 pm**

**Come sing with us!** The St. Mark’s Cathedral Choirs rehearse on Wednesdays (Boys and Girls Choir at 4:15 pm and the Cathedral Choir at 6:15 pm) and all are invited to the family dinner at 5:30 pm. For more information, contact Choirmaster Derrick Meador, 226-4038 or [derrick@stmarkscathedral.net](mailto:derrick@stmarkscathedral.net).

**Who doesn’t like a celebration?** Highland Community Renewal is looking for volunteers to celebrate a monthly birthday party and/or quarterly good grade parties. Small celebrations at their community center to acknowledge how special these kids are!!

**Communion Celebration is coming up!**

Communion Celebration is a time for children to gain a better understanding of communion. This event is open to children 1st grade and up who have not already participated. Communion Celebration Workshop will be **March 2, 2024**, from 9:00 am-noon followed by a lunch for parents and children. Communion Celebration will be during the 10:30 am service on March 3, 2024.

**St Mark's Work Out.** Come join a group that rises early to exercise in the mornings with short runs, barbell workouts, and calisthenics. 5:30 am - 6:15 am - Monday, Tuesday, Thursday and Friday  
Above 45 degrees - Workout outside.  
Below 45 degrees - Workout in the gym.  
Necessary equipment onsite.

*Sunday Readings*  
The Fifth Sunday after the Epiphany  
Isaiah 40:21-31 \* 1 Corinthians 9:16-23  
Mark 1:29-39

*Thoughts from the Dean and the Stewardship Team*

The Deuteronomic Law makes it abundantly clear that the poor and those in need will always be with us and that we are to open our hearts and hands to them in generosity. St. Paul goes a step beyond this legalistic command and cautions us that our giving must not be with reluctance or under a feeling of compulsion, for God loves a cheerful giver. In the face of need, wherever it may exist, we, as God’s friends are to be generous!

*Upcoming Events*

- |             |   |
|-------------|---|
| February 4  | Choral Evensong<br>5:15 pm<br>Cathedral |
| February 11 | Baroque Artists<br>3:00 pm<br>Cathedral |
| February 13 | Shrove Tuesday Dinner<br>5:45 pm        |
| February 14 | Ash Wednesday                           |