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# THE MESSENGER

## Deaths

**Ranita Peterson**, on January 15, 2024.

## Baptisms

**Benjamin Robert Love**, son of **Kate & Austin Love**, on January 21, 2024

## Happy Birthday

- |                                                                                            |                                                                                                          |                                                              |
|--------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|--------------------------------------------------------------|
| <b>January 28</b><br>Merritt Chastain<br>Foster Gavin                                      | <b>31</b><br>Cindy Millen<br>Henry Byrd                                                                  | <b>3</b><br>Bettie Hastings<br>Laurie Bijou<br>Benjamin Love |
| <b>29</b><br>Youree Jean<br>Anderson<br>Julian Weber<br>Kelly Larremore<br>Katherine Russo | <b>February 1</b><br>Jeffrey Brainard<br>Stan Hancock<br>Joy Ratcliff<br>Taylor Love<br>Christine Tharpe |                                                              |
| <b>30</b><br>Rachel Stari<br>Catherine Schoonover<br>Isabella Foster<br>Connor Peterson    | <b>2</b><br>Lennis Elston<br>Matt Locke<br>Brooke Shemwell                                               |                                                              |

## Community

**St. Mark's Cathedral Annual Meeting is this Sunday, January 28.** We meet immediately after the 10:30 am service in the Parish Hall. Annual reports will be given, Vestry elections will be held and lunch will be served. Lunch is being prepared by the Youth as a fundraiser for the Honduras Mission Trip. To go plates will be available for those unable to stay. Donations will be accepted. Everybody come!!

**Pursuant to the by-laws of St. Mark's Cathedral the Nominating Committee has nominated the following persons to be elected at the Annual Meeting** to be held on Sunday, January 28, to serve four year terms on the Vestry of St. Mark's Cathedral:

- Michael Ameen***
- Erin Dicharry***
- Catherine Evans***
- Kathryn Gaiennie***
- Stephen Kneip***

**We are working to update our email lists.** If you are not receiving emails from the church (events, newsletters, etc.) please let Amy know in the church office. **Email her at [amy@stmarkscathedral.net](mailto:amy@stmarkscathedral.net)**

**St. Mark's Cathedral (Episcopal)**

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Address Service Requested

To love and serve Christ.

To love and serve each other in Christ.

To love and serve the world for Christ.

**Even as we celebrate the twelve days of Christmas, Lent is fast approaching.** Ash Wednesday is Valentine’s Day! Forty-seven contributors will be needed to produce Lenten Meditations 2024. “Be doers of the word, and not hearers only (James 1:22).” Contribute a meditation for this year’s Lenten booklet. **For information contact Laura McLemore at [laura.mclemore@lsus.edu](mailto:laura.mclemore@lsus.edu) or 318-655-4990.**

**Come sing with us!** The St. Mark’s Cathedral Choirs rehearse on Wednesdays (Boys and Girls Choir at 4:15 pm and the Cathedral Choir at 6:15 pm) and all are invited to the family dinner at 5:30 pm. For more information, contact Choirmaster Derrick Meador, 226-4038 or [derrick@stmarkscathedral.net](mailto:derrick@stmarkscathedral.net).

**Who doesn’t like a celebration?** Highland Community Renewal is looking for volunteers to celebrate a monthly birthday party and/or quarterly good grade parties. Small celebrations at their community center to acknowledge how special these kids are!! For more information or to volunteer contact Jennifer Beruvides at [jennifer@stmarkscathedral.net](mailto:jennifer@stmarkscathedral.net)

**The Wednesday Night Book Study Group will resume on January 17 at 6 pm.** The book for discussion for the next several weeks will be Adam Hamilton’s *Christianity and World Religions...Questions We Ask About Other Faiths*. This one is not available on Audible but is on Kindle. In addition, You Tube has a trailer as well as the videos for all six chapters you can view. Pastor and best-selling author Adam Hamilton returns to one of his most popular topics, Christianity and world religions. This new, fully updated book and Bible study explores four major world religions—Hinduism, Buddhism, Islam, and Judaism—and compares the beliefs of each with those of Christianity. He deals openly and honestly with questions people ask about other religions.

**St Mark's Work Out.** Come join a group that rises early to exercise in the mornings with short runs, barbell workouts, and calisthenics. 5:30 am - 6:15 am - Monday, Tuesday, Thursday and Friday  
Above 45 degrees - Workout outside.  
Below 45 degrees - Workout in the gym.  
Necessary equipment onsite.

### Sunday Readings

The Fourth Sunday after the Epiphany  
Deuteronomy 18:15-20 \* 1 Corinthians 8:1-13  
Mark 1:21-28

### Thoughts from the Dean and the Stewardship Team

Because God gives first to you and to me, giving should be a response to God’s loving gifts. God’s gifts set the standard! My gifts cannot be on a par with God's gifts to me, but my gifts, large or small, can be my way of showing love and glorifying God. With the best of intentions, I should give my best, knowing that God’s grace will overcome my inadequacy.

### Upcoming Events

January 28	Annual Meeting 11:45 am Parish Hall
February 4	Choral Evensong 5:15 pm Cathedral
February 11	Baroque Artists 3:00 pm Cathedral
February 13	Shrove Tuesday Dinner 5:45 pm
February 14	Ash Wednesday