

Dear Friends and Families of St. Mark's,

I hope that you are well and enjoying a blessed start to the New Year following Christmas. I am writing to share some news with you about our beloved friend and colleague, The



Rev. Alston B. Johnson
alston@stmarkscathedral.net

Reverend Dr. Rowena White. A few months ago Rowen suffered a fall while at the Cathedral that left her with a very painful and difficult injury to her leg. She received surgery and is currently undergoing rehabilitation to recover from this injury. Currently this accident leaves her unable to drive or manage her domestic affairs without assistance. Rowena's daughter has become a kind of "lifeline" for her in managing the decisions involved with

her care and rehabilitation. Currently Rowena is rehabilitating in a local facility, and is making plans to transfer to a facility for the long-term work that lay before her. Given the nature of the injury and the incapacitation that has resulted, after conversation discernment, Rowena decided to retire from her position at St. Mark's.

Rowena will no longer be serving as pastor or priest within clergy team. She will no longer be available to our parish as the pastor that she has been for so many years; and please know that I write this to you with sadness. In her absence Father Thomas, Father Paul, and I have been visiting and communicating with those who have been within Rowena's dossier of care. As I said to the Vestry recently, I am humbled and moved by the tremendous presence that Rowena has shared in the lives of so many. As a gifted example of our tradition of faith, Rowena

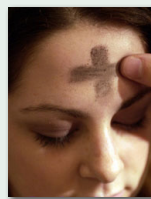


The Rev. Dr. Rowena White
Canon, St. Mark's Cathedral

has participated in the "cure of souls," which is the chief of calling of the ordained. She will be missed, and I am grateful to have been given the gift of being her colleague.

On Tuesday, March 12th, we plan for Bishop Owensby to join us for a parish dinner celebrating her time at St. Mark's, as well as her life in the ministry. We will be establishing a "purse" for contributions in thanksgiving for her ministry among us. Any financial gifts that you would like to offer should be marked for that purpose. Any notes of thanks and good wishes may be mailed to the Cathedral Office marked for her, and we will be sure that she receives them.

Blessings and Godspeed,
Alston Johnson – Dean, St. Mark's



The Imposition of Ashes and Holy Eucharist

Wednesday, February 14 Ash Wednesday
7:00 a.m., 8:00 a.m. (School Service),
12:00 p.m. and 5:30 p.m.

Annual Meeting

The Cathedral Annual Meeting was held during the 10:30 a.m. service on Sunday, January 28. Elected to serve four year terms on the Vestry of St. Mark's Cathedral were:

Michael Ameen
Erin Dicharry
Catherine Evans
Kathryn Gaiennie
Stephen Kneip

Outgoing Vestry members **Ellen Erwin, Joe Jayroe, Josh Knicely, Theresa Meldrum, and Joy Ratcliff** were honored for their service.

SUNDAY WORSHIP

8:00 am, 10:30 am, & 6:00 pm
Sunday Holy Eucharist

FEBRUARY 4, 2024

The Fifth Sunday after the Epiphany
Holy Eucharist and Baptism 10:30 am

Isaiah 40:21-31 1 Corinthians 9:16-23
Psalm 147:1-12, 21c Mark 1:29-39

FEBRUARY 11, 2024

The Last Sunday after the Epiphany

2 Kings 2:1-12 2 Corinthians 4:3-6
Psalm 50:1-6 Mark 9:2-9

FEBRUARY 18, 2024

The First Sunday in Lent

Genesis 9:8-17 1 Peter 3:18-22
Psalm 25:1-9 Mark 1:9-15

FEBRUARY 25, 2024

The Second Sunday in Lent

Genesis 17:1-7, 15-16 Romans 4:13-25
Psalm 22:22-20 Mark 8:31-38

Weekday Worship at the Cathedral

Wednesday 7:00 a.m.
Holy Eucharist
Chapel

Beginning on Feb. 15

Monday - Friday
7:00 a.m.
Lenten Holy
Eucharist
Chapel

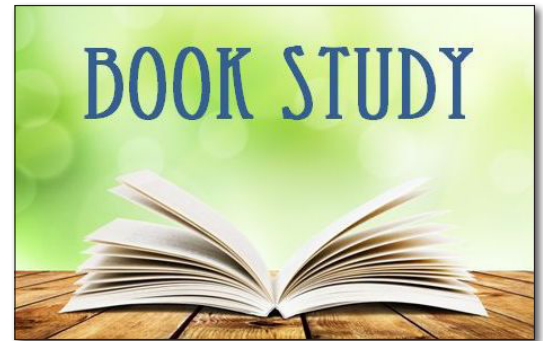
Fridays 5:30 p.m.
Holy Eucharist
Chapel
(The 5:30 service
is an option for
those who
cannot attend
Sunday worship.)



The Wednesday Night Book Study Group is back!

The book for discussion for the next several weeks will be Adam Hamilton's *Christianity and World Religions... Questions We Ask About Other Faiths*. This one is not available on Audible but is on Kindle. In addition, You Tube has a trailer as well as the videos for all six chapters you can view. We have copies of the book in the church office. Cost is \$11.

Pastor and best-selling author Adam Hamilton returns to one of his most popular topics, Christianity and world religions. This new, fully updated book and Bible study explores four major world religions—Hinduism, Buddhism, Islam, and Judaism—and compares the beliefs of each with those of Christianity. He deals openly and honestly with questions people ask about other religions.



COME SING WITH US!

The Boys and Girls Choir at
St. Mark's Cathedral

Free professional music education!

Open to ages 7-14,
no religious affiliation required

Rehearsals: Wednesdays, 4:00 - 5:30 p.m.

Family Dinner Provided

Want to know more?
Contact Derrick Meador
derrick@stmarkscathedral.net





Adult Christian Formation

9:30 a.m.

- 9:30 a.m. **Temperament and Prayer** —
Dean Alston Johnson
Ministry Center Garden Room
- 9:30 a.m. **Rowan Williams: Being Disciples** —
Fr. Thomas Nsubuga
Library

Lost Anything at Church?

Or maybe you're just missing some item and have no idea where it might have gone. Drop by or call the church office and check into our lost and found! We have everything from sunglasses to scarves to cell phones to jewelry (including some very nice pieces.) Check and see what you're missing!



Children's Christian Formation

Nursery (newborn to K3 - 3 years old by September 30th)
9:30 a.m. – 12:30 pm

First floor of Parish building next to Catechesis Atriums

9:30 am Catechesis of the Good Shepherd

First floor of Parish Building – Rooms 105 & 106



“LET THE CHILDREN COME”
MATTHEW 19:14

Level I Atrium (K-3 – Kindergarten)

Level II Atrium (1st – 3rd grade)

9:30 – 10:30 am Sunday school (4th – 5th grade) Second floor of Parish building in the old nursery location

9:30 – 10:30 am Sunday school (6th-8th grade) Ministry Center Youth Lounge

9:30 – 10:30 am Sunday school (9th-12th grade) Ministry Center Youth Room

Epiphany Celebration Kicks Off the New Year!

Wise Men, bonfires and pizza kicked off 2024 in the St. Mark's Courtyard as the parish celebrated Epiphany. A Eucharist in the Chapel began the evening, followed by the burning of the Christmas greens and a visit from the Wise Men. Pizza, King Cake and hot chocolate topped off the evening. Thanks to everyone who dropped off their Christmas trees and garland to add to the fires.



HAPPY BIRTHDAY

FEBRUARY 1

Jeffrey Brainard
Stan Hancock
Joy Ratcliff
Taylor Love
Christine Tharpe

2

Lennis Elston
Matt Locke
Brooke Shemwell

3

Bettie Hastings
Laurie Bijou
Benjamin Love

4

Marilyn Kirkland
Scotty Denhollem
Candace Higginbotham
Kyle McInnis
Rose Eldredge

5

Marsha Friedrich
Beverly Coltharpe
Dalton Bijou
Ashley Jackson
Bryan Gibbs

6

Sandy Dean

Ashley Kisla
Ashley McConnell

7

Watterson Young
K. Michael Kilcline
Kathryn Jackson
David Culver

9

Gwenn Coley
Jake Stroud
Jamie Eagles

10

D. Wesley Attaway
Gaines Harris
Morgan Ersoff
Colin Carter
Elizabeth Gore

11

Kim Kayser
Madison Ersoff

12

Lynn Poole
Lory Tubbs
Caffery Brown
Austin Sullivan
Caitlin FitzGerald

13

Mary Stari

Zach Carter
Michael Paul Ameen
William Stroud

14

Lee Smith
Caroline Schoonover
John White
Elizabeth Vanderberg
Reid Jones
Camille Hannigan

15

Reade Linam
Dare Johnson
Anita Berg
Kamarie Childs
David Drummond
Virgina Elbersen

16

Alexander Schoonover
Kip Porter
Stella Porter
Robert Walter

17

Carl Pendley
Catherine Humphrey
Karen Kennedy

18

Twylla Seaman

Abby McCord
Chelsea Ogoke

19

Mary Jo Kayser
Holli Hennessy
Layne LeBleu
Michael Ameen

20

Dan Herndon
Fran Hewitt

21

Carol Anne Caraway
Gaffney Nelson
Mario Villafuerte
Don Huguley
Thomas Nsubuga

22

Deneé Locke
Carson Massad
Ella Bylsma
Karla Querbes
Ford Gillen
Benjamin Johnson

23

Pede Adams
Jay Crooms
Melissa Harris

Nicole Cotter
Frances Jenkins

24

Cass Gaiennie
Deanna Kamphuis
Anna Sanderson
Catherine Allen
William Guthrie
Stacy Moss

25

Leigh Ann O'Brien
Suzanne Otto
Henry Hill

26

Hugh Walmsley
Danielle Dean
Mary-Hallie Merckle

27

Jon Q=Petersen
Thompson Berry
Donna Touchstone
Samantha Powers
Corey Smith

28


Caroline Reeks
Rowen Guthikonda

St. Mark's


KIDS CLUB

Kickoff Wednesday, January 10, 2024


Kindergarten – 5th grade
Every Wednesday from 6–7 pm in the Ministry Center



Club K2
Games



Crafts



Bible Study
Club 345

Join us for Family Dinner in the Parish Hall at 5:30pm

For more information contact Amy Garsee amy@stmarkscathedral.net or Laura Grayson Ameen laura@stmarkscathedral.net

ST. MARK'S WORK OUT

Come join a group that rises early to exercise in the mornings with short runs, barbell workouts, and calisthenics.

5:30 am - 6:15 am - Monday, Tuesday, Thursday and Friday
Above 45 degrees - Workout outside.
Below 45 degrees - Workout in the gym.
Necessary equipment onsite.

Call Dean Johnson in the office for more information.

MEMORIAL FLOWERS

February 4

The flowers on the High Altar are given to the glory of God and in loving memory of Paula Minor Coleman, Rowena Cowan Minor, Genevieve Davis Younker, Edwin Carroll Minor, Joseph Francis Loftus and Richard Davis McDougall.

The flowers on the Chapel Altar are given to the glory of God and in loving memory of The Very Rev. William Patrick Douthitt, J. Michael Douthitt, Mr. & Mrs. John L. Douthitt, Mr. & Mrs. George P. Whitener and Gayle Shaw.

February 11

The flowers on the High Altar are given to the glory of God and in loving memory of Ada D'Aquin.

The flowers on the Chapel Altar are given to the glory of God and in loving memory of Edwin Earl Jones and Claude Eldred Drumm, Jr. and in celebration of the birthday of Reid Allen Jones.

February 18

The greenery on the High Altar is given to the glory of God and in loving memory of Mr. & Mrs. Henry Brevard Clay, Mr. & Mrs. John Dunbrack Ewing and Nell Fish.

The greenery on the Chapel Altar is given to the glory of God and in celebration of the wedding anniversary of Scott & Susie Crichton.

February 25

The greenery on the High Altar is given to the glory of God and in loving memory of Ray A. Barlow, Ray Allan Barlow, Jr., John Wallace Lloyd, Pauline & Bill Barlow and Nelle & Jim Aimer.

The greenery on the Chapel Altar is given to the glory of God and in loving memory of O. Delton Harrison, Jr.

DEATHS

Rest Eternal grant to them, O Lord; and let light perpetual shine upon them.

George Rhea, father of **Renee Deupree**, grandfather of **Ellis** and **Anne Deupree**, on January 3, 2024.

Ranita Peterson on January 15, 2024.

Jerry Nixon, sister of **George Jackson**, aunt of **Leslye Gilchrist**, on January 19, 2024.

May their souls, and the souls of all the departed, through the mercy of God, rest in peace. Amen.

BAPTISMS

Warren Edward Williams, on December 31, 2023. Parents are **Allie & Matt Williams**.

Benjamin Robert Love, on January 21, 2024. Parents are **Kathryn & Austin Love**.

You are sealed by the Holy Spirit in Baptism and marked as Christ's own forever. Amen.



The Fasting Fund – a St. Mark's Lenten Tradition

One of St. Mark's Lenten traditions is the Fasting Fund. The purpose is simple: We ask that you forgo one meal a week, and contribute a few dollars - what you would have spent on that meal - to the fasting fund. (Of course, you can forgo more than one meal a week if you wish.) Baskets are placed at the back of the chapel for the 7:00 a.m. Eucharist services and the base of the steps to the chancel for Sunday services to collect these offerings. Please consider making the Fasting Fund a part of your Lenten observance. This year's Fasting Fund will be dedicated to the Gingerbread House.

Expectant Moms of St. Mark's

If you are or know anyone who is expecting a child our committee is up and running and is looking for mommies to be. Please contact us at bess@stmarkscathedral.net or sign up on our website under family ministries. We hope to welcome mothers into our community. We look forward to hearing from you soon.



Join us for Shrove Tuesday,

February 13 at 5:45 pm in the courtyard for the burning of the Palms followed by our Shrove Tuesday Pancake dinner in the Parish Hall!

Everybody come!



Members of the Vestry of St. Mark's Cathedral

Bill Kalmbach, Senior Warden – Lisa Love, Junior Warden – Patrick Caraway, Treasurer – John Reeks, Chancellor

2024	2025	2026	2027
Clarence Babineaux	Karen Hardtner	David Drummond	Michael Ameen
Rebecca Bryant	Chad Hill	Paul Guidry	Erin Dicharry
Patrick Caraway	Claire Rebouche	Val Irion	Catherine Evans
Mark Sealy	Jason Waltman	Reid Jones	Kathryn Gaiennie
Lynn Yancey	Warren West	John Turnage	Stephen Kneip

The Rt. Rev. Jacob W. Owensby

(Bishop of Western Louisiana)
bishopjake@epiwl.org

The Very Rev. Alston Johnson

(Dean)
abjohnson@stmarkscathedral.net

The Rev. Thomas Nsubuga

(Sub-Dean)
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The Rev. Paul Martin (Priest Associate)

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Derrick Meador

(Organist and Choirmaster)
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Amy Garsee

(Christian Education and EYC Director)
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Lisa Bingham (Financial Office Manager)

lisa@stmarkscathedral.net

Bess Maxwell (Administrative Assistant)

bess@stmarkscathedral.net

Priscilla McLean (Calendaring)

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Jennifer Beruvides (Coordinator for

Events and Hands-on Outreach Ministry)
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Beth Reeks

(Minister for Pre-K Children's Programs)
preschool.beth@gmail.com

Mark Deverts (Sexton)

mark@stmarkscathedral.net

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