

September 27, 2023

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Deaths

Betty Birmingham, on September 26, 2023.

Happy Birthday

October 1	4	6
Katherine Jones	Margaret Stroud	Marilyn Deupree
Mary Jo Kot	Jennifer Koruna	Glenn Waguespack
Patricia Van Hook		Lynn Yancey
Blanchard Short	5	Edwin Higginbotham
Lauren Lea	Mary Carol	Julie Smith
Billy Hargrove	McClure	Harvey Anne
Omega Martin	Katie Duncan	Leimbrook
	Sarah Drummond	Emily Palmer
2	Lila Lee White	
Ed Giles	Missy Pou	7
Ruth Zepeda		David Werner
		Cooper Varnadore
3		John Sibley
Sarah Porter		
George Newtown		
Hunter McFerrin		
Wendy Harper		
David Renda		
Lydia Thomas		

St. Mark's Cathedral (Episcopal)

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Address Service Requested

September 27, 2023



THE
MESSENGER

Community

Join us for Fall Fest! This Sunday after the 10:30 am service we will gather in the courtyard for lunch from Shavers, table games and bounce houses and all the fun you can stand!!

Calling all bakers!! We are going to have a cake walk at Fall Fest on October 1 and we need cakes and other baked goods. **Please bring your cakes or other baked items with you to church on October 1.**

Our first Choral Evensong of the fall is this Sunday, at 5:15 pm in the Cathedral. Mark your calendars!

St. Mark's will hold the annual Blessing of the Animals on Wednesday, October 4 at 2:30 pm in the field off of Rutherford Sr.

Our mission for October is helping our local Veterans Nursing Home. Supplies needed are body sprays, body wash, and socks (especially diabetic socks). Additionally, cards of thanks/happiness for these veterans would be appreciated. Leave all donations in the church office. **For questions or monetary donations contact Jennifer Beruvides at jennifer@stmarkscathedral.net**

SURVIVING THE HOLIDAYS -Is Your Heart Heavy With Grief? Please Join Us for A FREE Seminar **Monday, November 6**, 6:00 pm to 8:00 pm in the Garden Room at St. Mark's Cathedral. Call 318-226-4025 to Register Or Email: Bess@stmarkscathedral.net

To love and serve Christ.

To love and serve each other in Christ.

To love and serve the world for Christ.

Youth in 8th -12th grade are invited to join the EYC in a mission trip to Honduras March 9-16, 2024. We are also looking for adults to participate in the mission! The deadline to sign up is October 1. If you are interested being a part of this mission or would be interested in helping support this mission please contact Amy amy@stmarkscathedral.net.

Fall is in the air! That can only mean that it is time to start preparing the Advent meditations for this year. The Advent meditation booklet is a gift St. Mark's parishioners give ourselves. Everyone is encouraged to participate. Please contact Laura McLemore, laura.mclemore@lsus.edu, for information.

The St. Mark's Dinners for Eight program is getting organized again for fall! The purpose is simply to have fun and to get to know others on an informal basis in our homes. Groups of eight people - singles and couples of various ages - are randomly formed for a period of one year. Groups share four dinners throughout the year, each hosted by a different person/persons. The host provides the entrée and asks members of the group to bring other items. For more information, contact Judy Storer at jkstorer@redballmedical.com

Calling all 4th & 5th graders!! Join us for St. Mark's Kids September 27 from 6pm-7pm in the youth rooms. For more information contact Amy amy@stmarkscathedral.com

St Mark's Work Out. Come join a group that rises early to exercise in the mornings with short runs, barbell workouts, and calisthenics. 5:30 am - 6:15 am - Monday, Tuesday, Thursday and Friday
Above 45 degrees - Workout outside.
Below 45 degrees - Workout in the gym.
Necessary equipment onsite.
Call Dean Johnson in the office for more information.

Who doesn't like a celebration? Highland Community Renewal is looking for volunteers to celebrate a monthly birthday party and/or quarterly good grade parties. Small celebrations at their community center to acknowledge how special these kids are!! For more information or to volunteer contact Jennifer Beruvides at jennifer@stmarkscathedral.net

Youth in 6th – 12th grade are welcome to participate in EYC (Episcopal Youth Community) at St. Mark's Cathedral. Join us in the youth rooms in the ministry center from 5:30-7 on Sundays!
Upcoming EYC Dates:
Sept 24: EYC @ St. Mark's
Oct 1: EYC @ Fall Fest No evening EYC
Oct 8: Fall Break – No EYC
Oct 15: EYC @ St. Mark's
Oct 22: EYC @ St. Paul's
Oct 29: Halloween EYC @ St. Mark's

Sunday Readings
The Eighteenth Sunday after Pentecost
Ezekiel 18:1-4, 25-32 * Philippians 2:1-13
Matthew 21:23-32

Thoughts from the Dean and the Stewardship Team

It's all a matter of "an attitude of gratitude." People who acknowledge God as the source of whatever wealth they have, generally share it with pleasure and wish they could give more. People who are convinced that whatever they have is solely the fruit of their own efforts, generally are more comfortable with an "I'll take mine first" attitude. Each dollar given away looms large as self-denial. Is there any doubt about who lives more joyfully? Christ promised not wealth, but abundant life!

Upcoming Events

October 1	Fall Fest 11:30 am
October 1	Choral Evensong 5:15 pm
October 4	Blessing of the Animals 2:30 pm