

"For the wound of the daughter of my people is my heart wounded, I mourn, and dismay has taken hold on me...Is there no balm in Gilead? Is there no physician there?"

— Jeremiah 8:21-22

Dear Friends,

Saturday and Sunday, September 16th and 17th, St. Mark's will host Dr. Jay Wellons, the Cal Turner Chair of Pediatric Neurosurgery at Vanderbilt Medical School. Jay has recently published a memoir of his career in medicine – *All That Moves Us: A Pediatric Neurosurgeon, His Young Patients, and Their Stories of Grace and Resilience*. His written work has been well received across the country by any living with an oar in the medical community, either patients or medical professionals; which includes most of us.

Jay is also a leader in his congregation, Christ Church Cathedral in Nashville, and a lifelong Episcopalian. Jay and I attended high school together and I am grateful that we have been able to remain in touch through the years.

Many of you are aware of the quote from Frederick Buechner, "Your vocation in life is where your greatest joy meets the world's greatest need." Although it has been a few months since I listened to Jay's book, I believe that he gives voice to this sacred journey of vocation that each of us take in life. Jay's vocational discernment in giving his life to this most intricate and "high stakes" version of medical practice was like most of our vocational choices; his journey is filled with stories of his late father, mentors, colleagues, false starts and sudden illuminations, and the treasure of wisdom and compassion that he has received from his patients.

Although his memoirs and reflections are not Christian theology proper, his work is resonate with that quality of

spirituality that comes from living life within the frame of a faith in God that we hold, and faith in God that often holds and leads us.

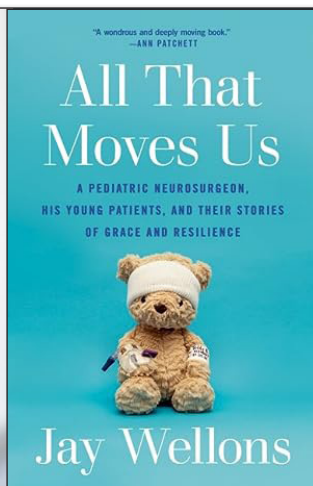
I hope that you will mark your calendars as we welcome him to St. Mark's.

Saturday - Presentations at 10 and 2 with lunch in-between. Please RSVP for lunch via Constant Contact or email Priscilla@stmarkscathedral.net.

Sunday - Sunday School presentation at 9:30am in the Garden Room, and Jay will be our guest homilist on Sunday morning.



Rev. Alston B. Johnson
alston@stmarkscathedral.net



*Blessings and Godspeed,
Alston*

PS – For more information about Jay Wellons visit these links:

<https://english.olemiss.edu/dr-jay-wellons/>

<https://www.penguinrandomhouse.com/books/673884/all-that-moves-us-by-jay-wellons/>

[https://www.npr.org/sections/health-](https://www.npr.org/sections/health-shots/2022/07/06/1109354828/pediatric-neurosurgeon-jay-wellons-all-that-moves-us)

[shots/2022/07/06/1109354828/pediatric-neurosurgeon-jay-wellons-all-that-moves-us](https://www.npr.org/sections/health-shots/2022/07/06/1109354828/pediatric-neurosurgeon-jay-wellons-all-that-moves-us)

<https://www.youtube.com/watch?v=g-lhP71mp5U> {Jay and Country singer Brad Paisley in conversation}

SUNDAY WORSHIP

8:00 am, 10:30 am, & 6:00 pm
Sunday Holy Eucharist

SEPTEMBER 3, 2023

The Fourteenth Sunday after Pentecost

Jeremiah 15:15-21 Romans 12:9-21
Psalm 26:1-8 Matthew 16:21-28

SEPTEMBER 10, 2023

The Fifteenth Sunday after Pentecost

Ezekiel 33:7-11 Romans 13:8-14
Psalm 119:33-40 Matthew 18:15-20

SEPTEMBER 17, 2023

The Sixteenth Sunday after Pentecost

Genesis 50:15-21 Romans 14:1-12
Psalm 103:8-13 Matthew 18:21-35

SEPTEMBER 24, 2023

The Seventeenth Sunday after Pentecost

Jonah 3:10-4:11 Philippians 1:21-30
Psalm 145:1-8 Matthew 20:1-16

Dean's Sunday School Fall 2023

A journey through Christian History and the experience of the early Church in its discernment and conversation regarding teachings deemed heretical. We will use books and videos from Know the Heretics (KNOW Series), by Justin Holcomb; and History of Christianity: The First Three Thousand Years, by Diarmaid MacCulloch. As in the past, our time together will be a mixture of video, lecture, and conversation. Once we have established attendance I will order books.

From a review on Diarmaid MacCulloch's BBC documentary:

A review by then-Archbishop of Canterbury Rowan Williams for *The Guardian* describes the book as beginning "with what turns out to be one of many tours de force in summarizing the intellectual and social background of Christianity in the classical as well as the Jewish world, so that we can see something of the issues to which the Christian faith offered a startlingly new response.... [MacCulloch] shows an extraordinary familiarity with specialist literature in practically every area." The book is "a landmark in its field, astonishing in its range, compulsively readable, full of insight even for the most jaded professional and of illumination for the interested general reader. It will have few if any, rivals in the English language" and provides "crucial testimony to the resilience of the Christian community in a remarkable diversity of social settings."

From an interview with Rachel Held Evans on Justin Holcomb's "Know The Heretics":

RHE: In your book, you essentially define orthodoxy as adherence to the Nicene Creed. It strikes me, though, that the Nicene Creed was developed in a complex historical context as a way of addressing some very specific questions about Christ's nature. Why do you consider that creed so important? What gives it its "staying power"?

JH: I went with the Nicene Creed because of my ecumenical impulse. For Christianity, the Nicene Creed is a historic, globally accepted creed that encapsulates the Christian faith in a short and rich summary. It covers the basic essentials of 1) who God is, 2) what God is like, and 3) how God saves.

I think its "staying power" is connected to that fact that the Council of Nicaea in 325 was a watershed for the Christian church. Shortly after Emperor Constantine legalized Christianity in 313, he convened the first ecumenical, fully representative, universally recognized council of the Christian church.

Another reason it is so important is because the council dealt with one of the most important questions that Christianity would ever have to face—what was the status of Jesus in relation to God? Everyone there agreed that Jesus was a divine being, but the Arians could not reconcile the idea that he was the same being as God the Father.

Weekday Worship at the Cathedral

Wednesday 7:00 a.m.
Holy Eucharist
Chapel

Fridays 5:30 p.m.
Holy Eucharist
Chapel
(The 5:30 service is an option for those who cannot attend Sunday worship.)



St. Mark's Physical Training
Monday-Friday 5:30 am at the Cathedral
meets every weekday morning in the field
across from the parking lot.

HAPPY BIRTHDAY

SEPTEMBER 1

Casey Payne
Lyla Hall
Katy Wagner

2

Knighton Clarke
Charlotte Baldrige
Scott D'Anna
Charlotte Brown

3

Becky Brown
Kelsi Lofton

4

Nick Noble

5

Priscilla McLean
Robert Rembert

6

Carol Crooms
Cara Smith
James Storer
Jason Kimes

7

Laura-Ashley Overdyke
Kelli Cook
Annabelle Jones

8

Hannah Clarke

9

Ella Poole

10

Lola Herndon
Jason LeBleu
Richard Turnage
Lila Knicely
Jamie Hardtner
Catherine Evans

11

Brown Humphrey
Mary Harter
Holden Kowalewski

12

Patsy FitzGerald
Sheryl Ostendorff
Cole O'Neal
Cecilia Hillario
Robert Hunter Vanderberg

13

Bill Sanders
Bill Trickett
Debbie Grand
Angie Waltman
Alice Sample
Jim Martin
Jacki Kennedy
Julie Jacobus

14

Judy Austin
Brooks Glover
Eliza Storer

15

Betty Birmingham
Jackson Reeks
Jennifer Thomas
Robert Jackson
Karrington Carter

16

Gloria Smith
Kathleen Jackson
Renee Torrants
Brent Weir
Steele Fritze

17

Gayla Hargrove
Elise Patin
Emily Milner
Timothy Coleman

18

Jim Reeves
Jim Anderson
Darcey Pavlick
Sarah-Ruth Ponder

19

Bill Deupree
Aidan Gilchrist
Hailey Young
Val Irion
Annabelle Woods
Caroline Walls

20

Rex Tamplin
Wayne Crank
Allie Torrants

21

Wyatt Brooks
Cole Cooper
Rebecca Hargrove
Matthew Williams

22

Ellen White
Grace Crooms
Allison Falloon
Melinda Sprayberry

23

Frances Comegys
Marjorie Hodges
Nathan Marak
Jeremy Knicely
Catherine Dickson

24

Dez Hill
Gloria Powers
Cece Parker
Becky Deverts

25

John Prince
Osme Benedict
Ryan Herrington

Rowan Arnold
Chandler Weir
Mason Allen
Harrison Hillario
Jake Noble
Stephen Burnett

26

Cindy Jones
Missie Poindexter
James Stroud
Kathleen Hill

27

Cheryl Foster
Ashley Sutton
Field Baber
Mary Martha Yancey

28

Landry Reeks
John Paschall

29

Gigi Corley
Adriana Beruvides
Roger Kalmbach

30

Jim Mitchell
MaryElla Crawford
Kathryn White
Emma Fargerson
Ashley Davis



Adult Christian Formation

9:30 a.m.

9:30 a.m. Christian History and Notable Heretics • Ministry Center Garden Room

9:30 a.m. *Habits of the Household* by Justin Whitmel Earley • Library



Expectant Moms of St. Mark's

If you are or know anyone who is expecting a child our committee is up and running and is looking for mommies to be. Please contact us at bess@stmarkscathedral.net or sign up on our website under family ministries. We hope to welcome mothers into our community. We look forward to hearing from you soon.

Children's Christian Formation

Nursery (newborn to K3 - 3 years old by September 30th)

9:30 a.m. – 12:30 pm

First floor of Parish building next to Catechesis Atriums

9:30 am Catechesis of the Good Shepherd

First floor of Parish Building – Rooms 105 & 106

Level I Atrium (K-3 – Kindergarten)

Level II Atrium (1st – 3rd grade)

9:30 – 10:30 am Sunday school (4th – 5th grade) Second floor of Parish building in the old nursery location

9:30 – 10:30 am Sunday school (6th-8th grade) Ministry Center Youth Lounge

9:30 – 10:30 am Sunday school (9th-12th grade) Ministry Center Youth Room



“LET THE CHILDREN COME”
MATTHEW 19:14

MEMORIAL FLOWERS

September 3

The flowers on the High Altar are given to the glory of God and in loving memory of Aage & Adele Qvistgaard=Petersen, Morton Qvistgaard=Petersen, Michael Qvistgaard=Petersen, Elizabeth Hansard Qvistgaard=Petersen, Bridget Anne Campbell, Truman A. (Jack) & Patricia Armstrong and Eleanor Thomas Armstrong.

The flowers on the Chapel Altar are given to the glory of God and in loving memory of Don Weir, Sr., and Lola Bennett Weir.

September 10

The flowers on the High Altar are given to the glory of God and in loving memory of Thelma & Jack T. Williams, Evelyn & C.W. Broyles, and Edith & Joe Long.

The flowers on the Chapel Altar are given to the glory of God and in honor of Colby and Shelby Hamilton, Jemi Adcock, Catherine and Elizabeth Corley, and Jack, Will & Ben Murphy.

September 17

The flowers on the High Altar are given to the glory of God and in loving memory of Joseph Leonard Hargrove, Sr., and Martha Hargrove Glassell.

The flowers on the Chapel Altar are given to the glory of God and in loving memory

of Emily Randolph Lewis & Tandy Giddens Lewis, Sr.

September 24

The flowers on the High Altar are given to the glory of God and in loving memory of Clarence & Irene Yancey.

The flowers on the Chapel Altar are given to the glory of God and in loving memory of Jacquetta Smith Whisner and Lee Morgan, and in honor of Carol S. Clemons, and Mary Helen Yancey.

BIRTHS

Claire Allen Thibodeaux, on July 25, 2023. Parents are Lanier & Andrew Thibodeaux.

Amy Garsee Welcome Dinner

St. Mark's welcomed new EYC and Sunday School Director Amy Garsee with a dinner in August to give parents and kids a chance to meet her and hear her plans for the new school year.

From the enthusiasm in the room, it looks like big things will be happening with the kids this fall!



Birthday Card Ministry

This year, we launched a birthday card ministry to celebrate all of our parishioners. If you find yourself wanting to serve but needing to do it on your own time, please consider this meaningful ministry. Materials are provided. For more information, please contact **Lauren Ewing** at 550-1743 or lauren.ewing@me.com.





Paw Print Sprint 5k & Fall Fest

Saturday, Oct. 28

St. Mark's Cathedral School (2785 Fairfield Ave.)

Come run with the Lions and celebrate Halloween!
Hosted by the Parents' Club, our seventh annual Paw Print Sprint
is a family-friendly event featuring a 5k road race,
half-mile fun run, and fall festival.
All proceeds benefit our school.

8:30 a.m. Half-Mile Fun Run • 9 a.m. 5k Road Race

Fall Fest After-Party Featuring:

- | | |
|----------------|--|
| Trunk or Treat | "Little Paws Fall Fun" Preschool Activity Area |
| Race Awards | Pumpkin Crafts |
| Food Trucks | Bounce House |
| Music | Balloon Artist |
| Inflatables | Costume Contest |

Get involved
at St. Mark's

for more information contact:
Amy Garsee, Youth & Children's Minister
318-453-0199
amy@stmarkscathedral.net

ST. MARK'S
EPISCOPAL CATHEDRAL

Youth Activities
6th - 12th grade

Sunday School 9:30 am
in the Ministry Center

EYC
(Episcopal Youth Community)
Sundays 5:30-7

Boys & Girls Choir
Open to all ages 7-18

Rehearsals: Wednesday
4:15-5:30

Free ASM for participants from the school

Free family dinner following rehearsal

Contact:
Derrick Meador,
Choirmaster
318-226-4038
derrick@stmarkscathedral.net

Children's Activities

Sunday School 9:30am

- * K3-3rd grade - Catechesis of the Good Shepherd
- * 4th -5th grade - Whirl Kids

St. Mark's Kids:
Last Wednesday of the Month 6-7pm
* 4th and 5th grade starting September 27

Oct 7-8 Fall Break Trip
March 9-16
Honduras Mission Trip

SAVE THE DATE

smceyc amy@stmarkscathedral.net St Marks EYC

Members of the Vestry of St. Mark's Cathedral

Bill Kalmbach, Senior Warden – Lisa Love, Junior Warden – Patrick Caraway, Treasurer – John Reeks, Chancellor

2023	2024	2025	2026
Ellen Erwin	Clarence Babineaux	Karen Hardtner	David Drummond
Joe Jayroe	Rebecca Bryant	Chad Hill	Paul Guidry
Josh Knicely	Patrick Caraway	Claire Rebouche	Val Irion
Theresa Meldrum	Mark Sealy	Jason Waltman	Reid Jones
Joy Ratcliff	Lynn Yancey	Warren West	John Turnage

The Rt. Rev. Jacob W. Owensby
(Bishop of Western Louisiana)
bishopjake@epiwl.org

The Very Rev. Alston Johnson
(Dean)
abjohnson@stmarkscathedral.net

The Rev. Thomas Nsubuga
(Sub-Dean)
thomas@stmarkscathedral.net

The Rev. Dr. Rowena White
(Canon)
rowena@stmarkscathedral.net

The Rev. Paul Martin (Priest Associate)
paul@stmarkscathedral.net

Derrick Meador
(Organist and Choirmaster)
derrick@stmarkscathedral.net

Amy Garsee (Christian Education and
EYC Director)
amy@stmarkscathedral.net

Lisa Bingham (Financial Office Manager)
lisa@stmarkscathedral.net

Bess Maxwell (Administrative Assistant)
bess@stmarkscathedral.net

Priscilla McLean (Calendaring)
priscilla@stmarkscathedral.net

Jennifer Beruvides (Coordinator for
Events and Hands-on Outreach Ministry)
jennifer@stmarkscathedral.net

Beth Reeks
(Minister for Pre-K Children's Programs)
preschool.beth@gmail.com

Mark Deverts (Sexton)
mark@stmarkscathedral.net

St. Mark's Cathedral (Episcopal)
908 Rutherford Street
Shreveport, LA 71104
(318) 221-3360
Fax: (318) 424-8427
www.stmarkscathedral.net
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