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Deaths

Kathleen Paylor Bellamy, daughter of **Nancy Cecil**, sister of **Ellen Alley**, on September 10, 2023.

Baptisms

Evelyn Kaye Thompson, daughter of **Sarah Wilkes & Todd Thompson**, on September 10, 2023.

Happy Birthday

September 17	19	22
Gayla Hargrove	Bill Deupree	Ellen White
Elise Patin	Aidan Gilchrist	Grace Crooms
Emily Milner	Hailey Young	Allison Falloon
Timothy Coleman	Val Irion	Melinda Sprayberry
	Annabelle Woods	
18	Caroline Walls	23
Jim Reeves		Frances Comegys
Jim Anderson	20	Marjorie Hodges
Darcey Pavlick	Rex Tamplin	Nathan Marak
Sarah-Ruth Ponder	Wayne Crank	Jeremy Knicely
	Allie Torrans	Catherine Dickson
	21	
	Wyatt Brooks	
	Cole Cooper	
	Rebecca Hargrove	
	Matthew Williams	

St. Mark's Cathedral (Episcopal)

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Address Service Requested



THE MESSENGER

Community

This weekend, St. Mark's will host Dr. Jay Wellons, the Cal Turner Chair of Pediatric Neurosurgery at Vanderbilt Medical School. Jay has recently published a memoir of his career in medicine – *All That Moves Us: A Pediatric Neurosurgeon, His Young Patients, and Their Stories of Grace and Resilience*. Jay will offer two presentations on Saturday at 10:00 am and 2:00 pm with lunch in between. **You must pre-register for lunch** on Saturday through Realm or by contacting Priscilla McLean: priscilla@stmarkscathedral.net. On Sunday, he will speak at the Sunday school hour at 9:30 in the Ministry Center Garden Room and be the guest preacher on Sunday morning.

The Baroque Artists of Shreveport will be in concert this Sunday, September 17, at 3:00 pm in the Cathedral. The performance is free and open to the public.

Our mission for October is helping our local Veterans Nursing Home. Supplies needed are body sprays, body wash, and socks (especially diabetic socks). Additionally, cards of thanks/happiness for these veterans would be appreciated. Leave all donations in the church office. **For questions or monetary donations contact Jennifer Beruvides at jennifer@stmarkscathedral.net**

The St. Mark's Dinners for Eight program is getting organized again for fall! The purpose is simply to have fun and to get to know others on an informal basis in our homes. Groups of eight people - singles and couples of various ages - are randomly formed for a period of one year. Groups share four dinners throughout the year, each hosted by a different person/persons. The host provides the entrée and asks members of the group to bring other items. For more information, contact Judy Storer at jkstorer@redballmedical.com

Who doesn't like a celebration? Highland Community Renewal is looking for volunteers to celebrate a monthly birthday party and/or quarterly good grade parties. Small celebrations at their community center to acknowledge how special these kids are!! For more information or to volunteer contact Jennifer Beruvides at jennifer@stmarkscathedral.net

Come sing with us! The St. Mark's Cathedral Choirs rehearse on Wednesdays (Boys and Girls Choir at 4:15 pm and the Cathedral Choir at 6:15 pm) and all are invited to the family dinner at 5:30 pm. For more information, contact Choirmaster Derrick Meador, 226-4038 or derrick@stmarkscathedral.net.

Our first Choral Evensong of the fall is Sunday, October 1 at 5:15 pm in the Cathedral. Mark your calendars!

St. Mark's will hold the annual Blessing of the Animals on Wednesday, October 4 at 2:30 pm in the field off of Rutherford Sr.

Could you or someone you know benefit from a Stephen Minister?

Several who have received compassionate care from one of our Stephen Ministers have agreed to share their experience and gratitude. - One of our Care Receivers writes:

It was really great to have someone with whom I could share my thoughts, frustrations, cares, and good or bad times, especially knowing that whatever I shared, it would not go beyond the confines of our room. It was also helpful to know that if I did ask for my Stephen Minister's viewpoint or opinion, it would be shared in a non-critical manner. I always looked forward to our visits and always had a more serene outlook on life afterwards. It may be harder for us men to ask for any kind of help, especially when it comes to dealing with feelings; we tend to keep it all inside! However my experience was extremely positive, and if I'm in a difficult place again I will definitely reach out! I would recommend this wonderful resource of our church to anyone, as having someone with whom to share whatever is on your mind is such a gift.

For more information about Stephen Ministry, contact the Rev. Rowena White or the Rev. Thomas Nsubuga.

Sunday Readings

The Sixteenth Sunday after Pentecost
Genesis 50:15-21 * Romans 14:1-12
Matthew 18:21-35

Thoughts from the Dean and the Stewardship Team

Money is deeply and significantly symbolic. It isn't just a silver coin or a piece of engraved paper; it represents our time and our talents as well. It is symbolic, because when we give of our money, we are giving of ourselves. And the contrary is also true: when we withhold our money, we are withholding of ourselves.

Upcoming Events

September 16	Jay Wellons programs 10:00 am & 2:00 pm
September 17	Jay Wellons class 9:30 am
September 17	Baroque Artists of Shreveport 3:00 pm
September 22	SMCS Grandparents Day
October 1	Fall Fest 11:30 am
October 1	Choral Evensong 5:15 pm