

Deaths

Beth Harrist Renda, mother of **David Renda**, grandmother of **Frances & Katherine Renda**, on February 5, 2023.

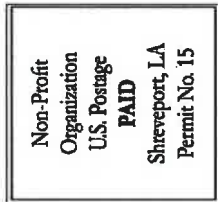
Richard Davis McDougal, husband of **Julia McDougal**, brother-in-law of **Carol Peterson**, on February 7, 2023.

Births

Benjamin Robert Love, on February 3, 2023. Parents are **Kate & Austin Love**. Big brother is **William Love**. Grandparents are **Lisa & Gary Love**.

Happy Birthday

February 12	14	16
Lynn Poole	Vicki Johnson	Alexander Schoonover
Spencer Hardtner	Lee Smith	Kip Porter
Lory Tubbs	Caroline Schoonover	Stella Porter
Caffery Brown	John White	Robert Walter
Austin Sullivan	Elizabeth Vanderberg	
Caitlin FitzGerald	Reid Jones	17
Mickey Brown	Camille Hannigan	Carl Pendley
		Catherine Humphrey
		Karen Kennedy
13	15	
Mary Stari	Reade Linam	
Zach Carter	Dare Johnson	18
Michael Paul	Anita Berg	Twylla Seaman
Ameen	Kamarie Childs	Abbie McCord
William Stroud	David Drummond	
	Virginia Elberson	



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THE MESSENGER

Community

St. Luke's Mobile Medical Ministry, founded by the Rev. Ken Cooper will be at St. Mark's this Sunday, at both services with copies of Fr. Cooper's book, "Folks on the Fringes." Fr. Cooper's granddaughter, the Rev. Madeleine Rebouche, will also be preaching at both the 8:00 and 10:30 am services. St. Luke's is asking for a \$30 donation per book, with all proceeds going to the St. Luke's Ministry. You can also buy the book on line at lulu.com. Go to Folks on the Fringes.

EYC will be meeting 5:30-7:00 pm this Sunday!

Grades 6-12 are welcome and encouraged to bring a friend! Make sure you're on the email list for updates by emailing Sarah at smceyc318@gmail.com

We are proud to introduce 5 Loaves and 2 Fish! Our

Outreach Coordinator, Jennifer Beruvides, recently visited this Christian based ministry and was very impressed!! They serve Shreveport with multiple ministries: food bank, diaper bank, bible studies, life learning classes, weekend conferences, and summer camps. ALL events and ministries are based and centered around Christian teachings and values. **St. Mark's will be helping with a diaper drive for the month of MARCH.** Please bring any size/quantity diapers to the church office. Volunteers are also needed a few times a month to pack food boxes and distribute food. You can visit their website 5loaves-2fish.life for more information on what they do and who they are. If you would like to contribute monetarily contact Jennifer Beruvides at jennifer@stmarkscathedral.net.

To love and serve Christ.

To love and serve each other in Christ.

To love and serve the world for Christ.

We are looking for a few SOUPER teams to make a light Lenten meal/soup on Wednesday evenings during Lent. **Contact Jennifer Beruvides at jennifer@stmarkscathedral.net for more information.**

We are again looking for volunteers to staff the front desk! We are looking for someone to work Tuesdays, Wednesdays or Fridays from 11:00 am till 2:00 pm. You can work every week or once a month, whatever your schedule can fit. **Contact Priscilla McLean, priscilla@stmarkscathedral.net**

Our contributors to the Advent Meditations for 2022 outdid themselves in providing thoughtful and insightful reflections on the daily readings. As Christmas ends, the twelve drummers drumming remind us that Ash Wednesday is almost upon us. We need 47 contributors for the 2023 Lenten Meditations booklet. The observance of Lent is our opportunity for self-examination and repentance. "Reading and meditating on God's holy Word" (BCP, p. 265) is one way to do that. Writing a meditation on the daily readings for one day is a way to do that and to share the Lenten experience with others. A small but dedicated group of St. Mark's parishioners have generously provided Advent and Lenten meditations each season. If you have written meditations in the past but not recently, please consider writing one this season. If you have never written a meditation before, please consider doing so for our 2023 Lenten observance. The meditation booklets are a mutual ministry. The more voices that join in, the more joyful the noise we make. To participate, **contact [Laura McLemore at laura.mclmore@lsus.edu](mailto:laura.mclmore@lsus.edu).**

Mark your calendars for our 2023 Lenten series!

There is a lot that goes on behind the scenes at St. Mark's. Most of this goes unnoticed and yet is greatly appreciated by both the providers and the receivers. This Lenten Season we are pleased to share with you some of these ministries by bringing you some of the people behind them. They will be sharing with us what these ministries have meant to them and why they continue to do what they do. Please join us **every Wednesday at 5:30 pm** in the Parish Hall for the Evening Prayer and supper to hear and celebrate our ministries.

March 1 EfM (Alumni) / RBL (Pat Viser / Pamela Peak)

March 8 Choir / Youth (Derrick Meador / Sarah Wilkes)

March 15 Altar Guild / Acolyte (Rebecca Bryant / Jacques Lasseigne)

March 22 Stephen Ministry / Spiritual Direction (Rowena)

March 29 Community Ministries / Cooking Crew (Candace Higginbotham / Jennifer Beruvides)

Dean Johnson has begun a study by Philip Yancey

Sundays in the Garden Room of the Ministry Center at 9:15 am. This class includes personal study, video, and discussion. The video portion begins at 9.30. The program, *Vanishing Grace*, asks the question "*Why does the church stir up such negative feelings?*"

Sunday Readings

The Sixth Sunday after the Epiphany
Deuteronomy 30:15-20 * 1 Corinthians 3:1-9
Matthew 5:21-37

Thoughts from the Dean and the Stewardship Team

Proportionate giving is not a mere catch phrase for promotional purposes. This approach says, "Give as God has prospered you." Don't be concerned with your share of the budget. What really matters is God's share of your income. Proportionate giving is primarily a matter of the heart and not the purse. Give your heart to Christ and let him direct your giving.

Upcoming Events

February 22	Ash Wednesday
February 24 & 25	Diocesan Convention Alexandria
March 5	Recital- Ray Peebles 4:30 pm Choral Evensong 5:00 pm Cathedral
March 11	Cathedral Clean-up Day 9:00 am