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## Deaths

**Lois Montelepre**, mother of **John Montelepre**, grandmother of **John Montelepre, III** and **Morgan MacIntire**, on January 26, 2023

**Louis Rabalais, Jr.**, father of **Louis Rabalais, III** and **Andrea Petrosch**, on January 31, 2023.

## Happy Birthday

<b>February 5</b>	<b>7</b>	<b>10</b>
Marsha Friedrich	Richard Liles	D. Wesley Attaway
Beverly Coltharp	Watterson Young	Gaines Harris
Ashley Jackson	Nicholas Fontana	Morgan Ersoff
Bryan Gibbs	K. Michael Kilcline	Colin Carter
	Kathryn Jackson	Elizabeth Gore
	David Culver	
<b>6</b>		<b>11</b>
Sandy Dean		Kim Kayser
Ashley Kisla	<b>9</b>	Madison Ersoff
Ashley McConnell	Gwenn Coley	
	Jake Stroud	
	Jamie Eagles	

**St. Mark's Cathedral (Episcopal)**

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Address Service Requested



## Community

**Mark your calendars for this Sunday for an afternoon of music!** St. Mark's will host an organ recital with Associate Organist and Choirmaster Danny Gamble at 4:30 pm, followed by Choral Evensong at 5:00 pm. Both events are free and open to the public.

**EYC will not be meeting this week**, but we will see you next week! Email Sarah (smceyc318@gmail.com) to receive updates and stay in touch.

**St. Luke's Mobile Medical Ministry, founded by the Rev. Ken Cooper** will be at St. Mark's on Sunday, **February 12** at both services with copies of Fr. Cooper's book, "Folks on the Fringes." They are asking for a \$30 donation per book, with all proceeds going to the St. Luke's Ministry. You can also buy the book on line at lulu.com. Go to Folks on the Fringes.

**We are looking for a few SOUPER teams** to make a light Lenten meal/soup on Wednesday evenings during Lent. **Contact Jennifer Beruvides at [jennifer@stmarkscathedral.net](mailto:jennifer@stmarkscathedral.net) for more information.**

**We are again looking for volunteers to staff the front desk!** We are looking for someone to work Tuesdays, Wednesdays or Fridays from 11:00 am till 2:00 pm. You can work every week or once a month, whatever your schedule can fit. **Contact Priscilla McLean, [priscilla@stmarkscathedral.net](mailto:priscilla@stmarkscathedral.net)**

**Our contributors to the Advent Meditations for 2022 outdid themselves in providing thoughtful and insightful reflections on the daily readings.** As Christmas ends, the twelve drummers drumming remind us that Ash Wednesday is almost upon us. We need 47 contributors for the 2023 Lenten Meditations booklet. The observance of Lent is our opportunity for self-examination and repentance. "Reading and meditating on God's holy Word" (BCP, p. 265) is one way to do that. Writing a meditation on the daily readings for one day is a way to do that and to share the Lenten experience with others. A small but dedicated group of St. Mark's parishioners have generously provided Advent and Lenten meditations each season. If you have written meditations in the past but not recently, please consider writing one this season. If you have never written a meditation before, please consider doing so for our 2023 Lenten observance. The meditation booklets are a mutual ministry. The more voices that join in, the more joyful the noise we make. To participate, **contact Laura McLemore at [laura.mclemore@lsus.edu](mailto:laura.mclemore@lsus.edu)**.

**If you are interested in learning more about the Episcopal Church,** an Inquirers/Confirmation Class has begun on Wednesday evenings after the Wednesday Night Dinner. To register, please contact Priscilla McLean, [priscilla@stmarkscathedral.net](mailto:priscilla@stmarkscathedral.net)

**STMPT (St. Mark's Physical Training)** meets at 5:30 a.m. every weekday morning in the field across from the parking lot.

**Mark your calendars for our 2023 Lenten series!**

There is a lot that goes on behind the scenes at St. Mark's. Most of this goes unnoticed and yet is greatly appreciated by both the providers and the receivers. This Lenten Season we are pleased to share with you some of these ministries by bringing you some of the people behind them. They will be sharing with us what these ministries have meant to them and why they continue to do what they do. Please join us **every Wednesday at 5:30 pm** in the Parish Hall for the Evening Prayer and supper to hear and celebrate our ministries.

**March 1** EfM (Alumni) / RBL (Pat Viser / Pamela Peak)

**March 8** Choir / Youth (Derrick Meador / Sarah Wilkes)

**March 15** Altar Guild / Acolyte (Rebecca Bryant / Jacques Lasseigne)

**March 22** Stephen Ministry / Spiritual Direction (Rowena)

**March 29** Community Ministries / Cooking Crew (Candace Higginbotham / Jennifer Beruvides)

**Dean Johnson has begun a study by Philip Yancey Sundays** in the Garden Room of the Ministry Center at 9:15 am. This class includes personal study, video, and discussion. The video portion begins at 9.30. The program, *Vanishing Grace*, asks the question "Why does the church stir up such negative feelings?"

## Sunday Readings

The Fifth Sunday after the Epiphany  
Isaiah 58:1-12 \* 1 Corinthians 2:1-16  
Matthew 5:13-20

## Thoughts from the Dean and the Stewardship Team

Christian stewardship is nothing less than a way of life. It is the understanding that everything we have, including our own lives, is a gift from God. It is a way of looking at the world ... at everything that touches our lives ... through the eyes of faith.

## Upcoming Events

- |                             |   |
|-----------------------------|---|
| <b>February 5</b>           | <b>Organ Recital - Danny Gamble</b><br>4:30 pm<br>Cathedral<br>Choral Evensong 5:00 pm<br>Cathedral |
| <b>February 12</b>          | <b>EYC Super Bowl party 5:30 pm</b>   |
| <b>February 24 &amp; 25</b> | <b>Diocesan Convention</b><br>Alexandria  |