

## The Beloved Music Tradition of St. Mark's Cathedral

by Leslye Gilchrist

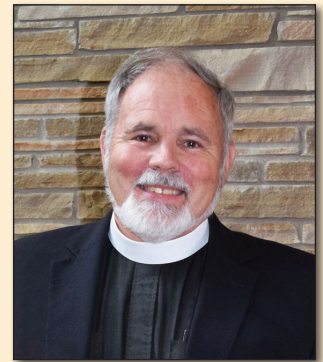
Choral singing has been part of my life and the bedrock of my spiritual practice for as long as I can remember. Favorite childhood memories are of being a tiny mouse in Benjamin Britten's *Noye's Fludde* and, of course, memorizing and singing the Mozart "Alleluia" for Easter each year. Though I didn't join a choir in college, I began singing again as an adult and have never left off. No matter where I've lived, there was a choir of new friends to welcome me and the familiarity of a liturgy and musical tradition that gave me both belonging and spiritual support.

I have been thinking recently that if we as a congregation don't encourage our children to sing, we may reach a time when our churches are silent. Wouldn't that be such a pity?

My own children started singing when they were in second grade and have had wonderful experiences at St. Mark's and at the Royal School of Church Music Camps. They sometimes complained about going to practice or worried about being judged by their peers for being in choir, but choral singing gave them confidence, a knowledge of music theory, and wonderful training in discipline and teamwork. Children are like sponges and can learn quite difficult music. And there's nothing like the sense of accomplishment from learning an intellectually and musically challenging piece.

More importantly to me, my family (as I did growing up) got a theological crash course through hymnody, psalms, and anthems, one that gets embedded deep in your bones and is hard to shake:

*The King of Love my shepherd is ... The Lord is my rock and my salvation ...  
Lord of all hopefulness, Lord of all joy ... Amazing Grace, how sweet the sound  
that saved a wretch like me ... Surely, it is God who saves me ... Out of the  
deep have I called unto thee, oh, Lord ... Breathe on me, breath of God; fill  
me with life anew.*



### Dear Friends,

I am pleased to share the news with you that Father Paul Martin, retired rector of St. Paul's, Shreveport, will be joining our clergy staff as a Priest Associate. Father Martin will be assisting in our nursing home, hospital, and homebound clergy visits. He will celebrate and preach occasionally, as well as offer some Adult Christian formation opportunities. Please welcome Paul and Christine on Sunday mornings as they become acquainted with the friends and families of St. Mark's.

(Continued on page 2)

To love and serve Christ. To love and serve one another in Christ. To love and serve the world for Christ.

## SUNDAY WORSHIP

8:00 am, 10:30 am, & 6:00 pm  
Sunday Holy Eucharist

**OCTOBER 2, 2022**

***The Seventeenth Sunday after Pentecost***

Habakkuk 1:1-4, 2:1-4

Psalm 37:1-10

2 Timothy 1:1-14

Luke 14:1, 7-14

**OCTOBER 9, 2022**

***The Eighteenth Sunday after Pentecost***

2 Kings 5:1-3, 7-15c      2 Timothy 2:8-15

Psalm 111

Luke 17:11-19

**OCTOBER 16, 2022**

***The Nineteenth Sunday after Pentecost*  
*10:30 am Holy Eucharist & Baptism***

Genesis 23:22-31      2 Timothy 3:14-4:5

Psalm 121

Luke 18:1-8

**OCTOBER 23, 2022**

***The Twentieth Sunday after Pentecost***

Jeremiah 14:7-10, 19-22

Psalm 84:1-6

2 Timothy 4:6-8, 16-18

Luke 18:9-14

**OCTOBER 30, 2022**

***The Twenty-first Sunday after Pentecost***

Isaiah 1:10-18

Psalm 32:1-8

2 Thessalonians 1:1-4, 11-12

Luke 19:1-10

(Continued from page 1)

These words—set to music—become etched on the souls of those who sing them. A former teacher of mine, a nun, used to say that when we sing, we pray twice. I believe it. There have been times in my life when the music of the church stood between me and emotional desolation, and there are many more times when it has simply filled me with joy. I haven't always had much money to give, but participating in the ministry of music has been a constant.

Of course, you don't have to be in the choir to sing. Nothing beats lifting our voices in the company of others to the glory of God. Garrison Keillor, essayist and host of *A Prairie Home Companion*, has remarked that "nobody sings like Episcopalians." He paints a picture of hymn singing in one essay: "When you're singing in the key of C and you slide into the A7th and D7th chords, all two hundred of you, it's an emotionally fulfilling moment. By our joining in harmony, we somehow promise that we will not forsake each other." I love that.

Music is mentioned as important in worshiping God all throughout the Bible: Ephesians 5:19 says to "make melody to the Lord with your heart"; Psalm 95 encourages us to "make a joyful noise to the rock of our salvation"; and 1 Corinthians 14:15 says, "I will sing with the spirit, and I will sing with the understanding also." Don't worry about how you sound! In reality, almost everyone can sing with a little listening and a little practice. When I met my husband, now a singer in the bass section, he couldn't even match pitch.

Next time you are in church, open those hymnals and lift your voice with those around you. Encourage your children to learn the hymns. And please be in touch with Derrick or me or another choir member if you or a child you know might like to begin—or resume—a ministry of music as part of the choir. We would love to welcome you.



**St. Mark's Physical Training**

**Monday-Friday 5:30 am at the Cathedral**

meets at 5:30 a.m. every weekday morning in the field  
across from the parking lot.

## Weekday Worship at the Cathedral

**Wednesday**

7:00 a.m.

Holy Eucharist  
*Chapel*

**Fridays** 5:30 p.m.

Holy Eucharist  
*Chapel*

(The 5:30 service  
is an option for  
those who cannot  
attend Sunday  
worship.)



## ACOLYTE PROGRAM

If you are interested in the Cathedral Acolyte program, but have not signed up for this school year, please contact Jacques Lasseigne, either by phone/text (455 – 3154) or by email ([jlassejog@aol.com](mailto:jlassejog@aol.com)).

A full-color version of *The Evangelist* is on our website! Go to "Media," then "The Evangelist."

## Children's Christian Formation

**Nursery (newborn to K3 - 3 years old by September 30th)**

**9:30 a.m. – 12:30 pm**

First floor of Parish building next to Catechesis Atriums

**9:30 am Catechesis of the Good Shepherd**

First floor of Parish Building – Rooms 105 & 106

**Level I Atrium (K-3 – Kindergarten)**

**Level II Atrium (1st – 3rd grade)**

**9:30 – 10:30 am Sunday school (4th – 5th grade)**

Second floor of Parish building in the old nursery location

**9:30– 10:30 am Sunday school (6th-8th grade)**

Ministry Center Youth Lounge

**9:30-10:30 am Sunday school (9th-12th grade)**

Ministry Center Youth Room



## Adult Christian Formation

**9:30 a.m.**

**9:30 a.m. N.T. Wright's biography of Paul**

*Ministry Center Garden Room*

## Blessing of the Animals

*Tuesday, Oct. 4 • 2:30 p.m.*

Please join us as we celebrate our annual Blessing of the Animals! Parents and pets can meet students on the Big Field (the field on the corner of Fairfield and Kings). Living and stuffed pets are welcome to join us. The clergy will be there to bless our animals in honor of St. Francis.

## HAPPY BIRTHDAY

### OCTOBER 1

Katherine Jones  
Mary Jo Kot  
Patricia Van Hook  
Lauren Lea  
Billy Hargrove

2

Eda Giles  
Martha Cooper  
Ruth Zepeda

3

Sarah Porter  
George Newtown  
Hunter McFerrin  
Wendy Harper  
David Renda  
Lydia Thomas

4

Margaret Stroud  
Jennifer Koruna  
Andrew Smith

5

Mary Carol McClure  
Katie Duncan  
Sarah Drummond  
Lila Lee White  
Missy Pou

6

Marilyn Deupree  
Glenn Waguespack  
Lynn Yancey  
Edwin Higginbotham  
Julie Smith

Harvey Anne Leimbrook  
Emily Palmer

7

David Werner  
Cooper Varnadore  
John Sibley

8

Ashley Elston  
Stephanie Taylor  
Lila Nelson  
Cody Adger-White  
John Hilliard  
John Drummond

9

Nelson Liles  
Nancy Ketner  
Rosalind White  
Ella Eagles

10

Dwight Verges  
France-Claire Hebert  
Cage Van Norman  
Joel King

11

Wade Culbertson  
Barry Taylor  
Robert Blanchard  
Chase Anne Pou

12

Jeanne Liles

13

Steve Yancey

Betty Sue Clark  
Patrick Harrison  
Lisa Weber  
Colton Martin  
Bill Stott  
Henry McGrew  
Elizabeth Ameen

14

Jane West  
Mason Pavlick  
Steve Powers  
Tillman Brown

15

Sonny Moss  
Jill Carnie  
Clay Erwin  
Ashley Humphrey  
Madalyn Eagles

16

Scott Kennedy  
Margaret Anne Roemer  
Scotty Stroud  
Stephen Kneip  
Nicole Mazur

17

Robert Trudeau  
Michael Kilcline  
Ryan Alley  
Brian Carnie  
Ian Baldridge

18

Stokes Bylsma

Jackson Little  
Barbara Schimpf

19

Ginny Peterson  
Betty Vaughan  
Renaé Chandler  
Beverly Dickson  
Noah Strong

20

Sissy Mayeaux  
John Frazier  
Merritt Shemwell

21

Raymond Camus  
Gerry Hedgcock  
Sissy Lavigne  
Tim Wachtel  
Mary Walmsley  
Sue Brown  
Lincoln Coleman  
Haley Waltman  
Caroline Smitherman  
Kim Foret  
Lean Bowers

22

Michael Herzog  
Sam Morton

23

Emily Vigen

25

Robert Shemwell  
Julie Atkinson

Meredith Nelson  
Curtis Prince

26

Caleb Thigpen  
Amelia Kennedy  
Sage Fargerson

27

Virginia Chastain  
Betsy Rosenfield  
Billy Sample  
Abigail Hood  
Barbara Swafford

28

Emerson Horne  
Edwin Byrd  
Kyleen Kilcline  
Hailey Jackson

29

Robert Batchelor  
Mary Jane Young  
Jerry Malone  
Sarah Elisabeth Tamplin  
Henry Hilario  
Mickaela Clark

30

Nancy Cecil  
Robert Cook  
John Gatschenberger  
Ann Mack

31

Tiddle Florsheim  
Eleanor McGlothlin





**Artisan-made gifts  
& fair trade food from  
world-wide markets like  
SERRV, Equal Exchange  
& many more!**

**JEWELRY  
CHOCOLATE  
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FAIR TRADE FOOD  
CRAFTS  
& MORE!**

**WHEN:**

**Friday, Nov 4th • 6 - 8 PM**  
**Preview Sale | \$10 Admission**  
*Early shopping & live music!*

**Saturday, Nov 5th • 10 AM - 2 PM**  
**FREE Admission**

**WHERE:**

**BROADMOOR UNITED METHODIST CHURCH**  
3715 Youree Drive | Shreveport  
Entrance at the corner of Anniston & Albany

## Birthday Card Ministry

This year, we launched a birthday card ministry to celebrate all of our parishioners. If you find yourself wanting to serve but needing to do it on your own time, please consider this meaningful ministry. Materials are provided. For more information, please contact **Lauren Ewing** at 550-1743 or [lauren.ewing@me.com](mailto:lauren.ewing@me.com).



## Oblationers Needed

Our Hospitality Committee invites parishioners (families, adult singles, siblings, friends) to serve as oblationers (gift bearers) at the 10:30 a.m. Sunday service. This is a meaningful way to serve the faith community. For more information please contact **Kathy Williams** at 469-9211.

## The Bridge Alzheimer's & Dementia Resource Center Announces the Second Annual Conference on Alzheimer's & Dementia on Friday, Nov. 4



## A POSITIVE APPROACH TO DEMENTIA

**NOVEMBER 4, 2022 | 8:00 AM - 4:00 PM**

**PRESENTING SPONSOR IS THE ALTA AND JOHN FRANKS FOUNDATION**

**HOST SPONSOR IS FIRST UNITED METHODIST CHURCH, SHREVEPORT**

### KEYNOTE SPEAKER

*If you are in the world of dementia care, you have likely heard of Teepa Snow, world renowned educator and Master Trainer in the field of dementia. For over 40 years, she has built an organization, Positive Approach to Care (PAC). The Bridge Alzheimer's & Dementia Resource Center is excited to bring to you our keynote speaker for our 2022 conference, Beth Nolan, who is a representative from the Teepa Snow organization.*

### SPEAKER LINEUP

"Coffee & Conversation"  
MEGHAN HARRIS, MD

"The Latest in Alzheimer's Research"  
ELIZABETH DISBROW, PHD

"The Habit of Happiness"  
DR. CARL RHODES

"Caring for the Caregiver"  
EVELYN PRYOR, MD

"Behavior is Just an Expression  
of an Unmet Need"  
STACEY HAND, MA, CVT



**TICKETS**  
**\$25 PER PERSON**  
*Includes Box Lunch*

**FOR MORE INFORMATION, CALL 318-656-4800 OR VISIT [WWW.ALZBRIDGECONFERENCE.ORG](http://WWW.ALZBRIDGECONFERENCE.ORG)**

## MEMORIAL FLOWERS

### October 2

The flowers on the High Altar are given to the glory of God and in loving memory of Mr. & Mrs. W. Theron Roberts, Mr. & Mrs. W. Curtis Roberts, Mr. & Mrs. W.E. Bott and Mr. & Mrs. Gordon Urban Sanford.

The flowers on the Chapel Altar are given to the glory of God and in loving memory of Sue & Warren Dietrich.

### October 9

The flowers on the High Altar are given to the glory of God and in thanksgiving of the marriage of Jade and Lee Dunford.

The flowers on the Chapel Altar are given to the glory of God and in loving memory of Larry Shirley.

### October 16

The flowers on the High Altar are given to the glory of God and in thanksgiving of the marriage of Erin Shocklee and Marshall Johnston and in remembrance of all who could not be with us.

The flowers on the Chapel Altar are given to the glory of God

and in loving memory of J. Harman Chandler, Mr. & Mrs. Walter B. Chandler, Mr. & Mrs. S.J. Harman, Mr. & Mrs. Cade C. Havard and Mr. & Mrs. Tom Havard.

### October 23

The flowers on the High Altar are given to the glory of God and in celebration of the marriage of Ian Summers and Ellen Sweeney, and in memory of Raymond Frost, Richard Summers and Jonathon Summers.

The flowers on the Chapel Altar are given to the glory of God and in loving memory of Scott Allen Soignier.

### October 30

The flowers on the High Altar are given to the glory of God and in loving memory of Malcolm E. Lafargue & Jewett Lafargue Walters, William E. (Ted) Pate & Margaret Lee Pate, and Glenn Scott Love.

The flowers on the Chapel Altar are given to the glory of God and in loving memory of Jane Nicholson Maxwell & Wallace Eldon Maxwell.

### WEDDINGS

Those whom God has joined together, let no one put asunder.

**Caroline Elizabeth Turnage & Thomas Woodruff Buchanan**, on June 18, 2022.

**Anna Virginia White & Jason Everett Weimar** on August 17, 2022.

### BIRTHS

**Journee Casey**, on August 29, 2022. Parents are **Malia & Jeffrey Casey**. Grandparents are **Kristen & William Weaver**.

**Beckett Austin Love**, on September 22, 2022. Parents are **Faith & Taylor Love**. Grandparents are **Lisa and Gary Love**.

### BAPTISMS

**William Proby Dulaney, IV**, son of **Lauren & William Dulaney**, on August 21, 2022.

*You are sealed by the Holy Spirit in Baptism and marked as Christ's own forever. Amen.*

### DEATHS

*Rest Eternal grant to him, O Lord; and let light perpetual shine upon him.*

**Dr. Earle Labor**, husband of **Gayle Labor**, father of **Andrea Labor**, on September 15, 2022.

*May his soul, and the souls of all the departed, through the mercy of God, rest in peace. Amen.*

## Cathedral School News

by Dr. Chris Carter, Headmaster  
ccarter@smc.school

Last month I had occasion to visit the Episcopal School of Baton Rouge as part of an accreditation visit. While there, I had multiple opportunities to visit with Fr. Skully Knight, their Chaplain and Associate Head of School, as well as to attend the Middle School Chapel. Many of you will know that Fr. Skully spent time at St. Mark's Cathedral School as a P.E. teacher and then later as the Chaplain and then left shortly before I arrived at St. Mark's. Fr. Skully has wonderful memories of St. Mark's and inquired about both former colleagues and parishioners.

I was struck when I attended Chapel in Baton Rouge at the way in which Chapel unites all Episcopal schools and how important it is in shaping the cultures of our schools. The service in Baton Rouge was similar to ours, as was the pattern



of worship in Chapel twice a week. Fr. Skully preached a homily that directly addressed the scripture in ways that the students could understand and that addressed questions that middle school students might have. At that school, as at St. Mark's, Chapel shapes both individual souls and whole communities. A lunch meeting with students made it clear that they see their Episcopal identity and practice as central features of their school culture.

At St. Mark's, as at Episcopal School of Baton Rouge and Episcopal schools around the country, Chapel is a defining feature of school life and often what students remember most after they leave. This summer I attended a wedding of a St. Mark's graduate in St. Mark's Cathedral. Many parents and graduates who were in attendance remarked on how wonderful it was to be in the Cathedral and how important their time in the Cathedral was to shaping who they are now. I hope that when you come to church on Sundays and find your soul strengthened by the worship in our Cathedral, you will offer a prayer for our students who will worship there throughout the days of the week that follow!



## Music & Worship



### Organ Recital

Bryan Bierbaum,  
*Organist at Noel Memorial  
Methodist Church*

**Sunday,  
October 2, 2022  
4:30 p.m.**

**St. Mark's Cathedral  
908 Rutherford St.**



Services of Choral Evensong will be presented  
by the St. Mark's Cathedral Choir on  
**Sunday, October 2.**

Please join us for this beautiful and contemplative  
service. Choral Evensong begins at 5:00pm and  
immediately precedes the 6:00pm Eucharist.

### Expectant Moms of St. Mark's



If you are or know anyone  
who is expecting a child our  
committee is up and running  
and is looking for mommies  
to be. Please contact us at  
[bess@stmarkscathedral.net](mailto:bess@stmarkscathedral.net) or  
sign up on our website under  
family ministries. We hope  
to welcome mothers into our  
community. We look forward  
to hearing from you soon.

### Lost Anything at Church?

Or maybe you're just missing some  
item and have no idea where it might have  
gone. Drop by or call the church office and check  
into our lost and found! We have everything from  
sunglasses to scarves to cell phones to jewelry  
(including some very nice pieces.) Check and see  
what you're missing!



## COME SING WITH US!

### The Boys and Girls Choir at St. Mark's Cathedral

Free professional music education!  
Open to ages 7-14,  
no religious affiliation required

Rehearsals: Wednesdays, 4:00 - 5:30 p.m.  
Family Dinner Provided

Want to know more?  
Contact Derrick Meador  
[derrick@stmarkscathedral.net](mailto:derrick@stmarkscathedral.net)



## Members of the Vestry of St. Mark's Cathedral

Bill Kalmbach, Senior Warden – Lisa Love, Junior Warden – Murray Viser, Treasurer – John Reeks, Chancellor

2022	2023	2024	2025
Ellen Alley	Ellen Erwin	Clarence Babineaux	Karen Hardtner
Mike Ameen	Joe Jayroe	Rebecca Bryant	Chad Hill
Oliver Jenkins	Josh Knicely	Patrick Caraway	Claire Rebouche
Brad Massad	Theresa Meldrum	Mark Sealy	Jason Waltman
Emily Merkle	Joy Ratcliff	Lynn Yancey	Warren West

**The Rt. Rev. Jacob W. Owensby**  
(Bishop of Western Louisiana)  
bishopjake@epiwl.org

**The Very Rev. Alston Johnson**  
(Dean)  
abjohnson@stmarkscathedral.net

**The Rev. Thomas Nsubuga**  
(Sub-Dean)  
thomas@stmarkscathedral.net

**The Rev. Dr. Rowena White**  
(Canon)  
rowena@stmarkscathedral.net

**Derrick Meador**  
(Organist and Choirmaster)  
derrick@stmarkscathedral.net

**Becky Deverts** (Financial Office Manager)  
becky@stmarkscathedral.net

**Bess Maxwell** (Administrative Assistant)  
bess@stmarkscathedral.net

**Priscilla McLean** (Sunday School  
Superintendent)  
priscilla@stmarkscathedral.net

**Jennifer Beruvides** (Coordinator for  
Events and Hands-on Outreach Ministry)  
jennifer@stmarkscathedral.net

**Beth Reeks**  
(Minister for Pre-K Children's Programs)  
preschool.beth@gmail.com

**Lisa Bingham** (Financial Office Assistant Mgr.)  
lisa@stmarkscathedral.net

**Mark Deverts** (Sexton)  
mark@stmarkscathedral.net

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