

Rhythms of Grace at St. Mark's

Rhythms of Grace is a service designed for children and adults with special needs and their families. The service starts with an activity of gathering items that give a hint to the lesson. A story is next following activities that reinforce the lesson. Then music and the Eucharist.

Rhythms of Grace is a safe place for those who need to move around, can get loud and sometimes upset, learn about our heavenly father and his son. This ministry was put on my heart many years ago. I have enjoyed seeing those with difference hearing about God and his good works for the first time. During one of the services teaching the Easter story, the storyteller puts a Jesus doll inside a cave and rolls a large stone (a large yoga ball) to cover the opening. When she rolled the stone away and the doll was gone a boy with Autism said, "Wait, you mean Jesus just disappeared out of the cave with a big bolder in front? How?" The storyteller simple replied, "It was a miracle." Then a decision about miracles ensued. This child had been to church but never heard about God's Miracles. The message is presented in a way he was able to see it and hear it.

Before *Rhythms of Grace* was started, myself and a friend visited St. Andrews in Houston and attended their *Rhythm of*

Grace Service. A family there stated they love *Rhythms of Grace*. Their church before St. Andrews had sent them a letter telling them their son was not welcome to return after he had become upset in a Sunday School class and hit one of the volunteers after she had restrained him. *Rhythms of Grace* welcomes everyone.

I love to see my grandchildren learn to respect those who are different. Everyone is welcomed and children with and without a difference are encouraged to attend and enjoy the service. My son, Loren, who has special needs loved the service. For him it is all about socializing and being able to ask questions and pray for others.

Everyone has a right to learn and worship God. *Rhythms of Grace* allows this to happen. The relaxed atmosphere and the safe area one can retreat to if it becomes too loud allows the participants to interact as

much as they are comfortable. I hope you will give the new ministry a try. There is plenty for those interested to do to help. We hope to minister to

the moms of children with special needs in October and then start the once-a-month service. If you are interested in helping, please contact **Kim McClelland 469-4143**.



SUNDAY WORSHIP

8:00 am, 10:30 am, & 6:00 pm
Sunday Holy Eucharist

JULY 3, 2022

The Fourth Sunday after Pentecost

Isaiah 66:10-14 Galatians 6:1-16
Psalm 66:1-8 Luke 10:1-11, 16-20

JULY 10, 2022

The Fifth Sunday after Pentecost

Deuteronomy 30:9-14 Colossians 1:1-14
Psalm 25:1-9 Luke 10:25-37

JULY 17, 2022

The Sixth Sunday after Pentecost
10:30 am Holy Eucharist & Baptism

Genesis 18:1-10a Colossians 1:15-28
Psalm 15 Luke 10:38-42

JULY 24, 2022

The Seventh Sunday after Pentecost

Genesis 18:20-32 Colossians 2:6-19
Psalm 138 Luke 11:1-13

JULY 31, 2022

The Eighth Sunday after Pentecost

Ecclesiastes 1:2, 12-14; 2:18-23 Colossians 3:1-11
Psalm 49:1-11 Luke 12:13-21

Weekday Worship at the Cathedral

Wednesday

7:00 a.m.

Holy Eucharist
Chapel

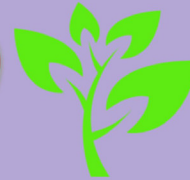
Fridays 5:30 p.m.

Holy Eucharist
Chapel

(The 5:30 service is an option for those who cannot attend Sunday worship.)



Love



Grow



Serve

Vacation Bible School is coming to St. Mark's

Monday-Friday, July 11-15 from 9 am-Noon

Calling all children, youth, and adults for Vacation Bible School! We will enjoy music, storytelling and crafts, God in the natural world, and caring for our temples – our bodies. Space will be limited to the number of volunteers.

JOIN US FOR 5 DAYS OF FUN!

9am-Noon arrive between 8:30-8:55; pick up between 11:45-Noon please.

VBS Registration includes a morning snack and water available throughout.

Registration is open now and will remain open until we reach capacity, which will be determined by the number of adult volunteers who sign up during registration to be with us on-site during VBS.

Vacation Bible School is open to rising four-year-olds through rising fifth grade, based on the child's 2022 - 2023 age and school grade. (A child must be 4 years of age or older by 8/31/2022.) There are no fees collected for VBS but an offering plate will be out for your consideration.

ADULT VOLUNTEERS

We need adult volunteers who can be with us to assist the children during our time together at VBS. Adult leaders shepherd the children to different activities, from crafts to games to music and more, and assist in those activities as needed. A wonderful week of fun for the children is planned and we can't wait to be together with you!

Registering as a volunteer is easy!

When you register your child, be sure to indicate how you will be a part of VBS, too! All parents are expected to help in some capacity. Childcare is available to younger children (six weeks through 3-year-olds) if a parent is on-site volunteering.

If you have no children old enough to participate or if you have retired and are looking for a great week of activity, please join us for the fun anyway! Click on the "Individual Adult Volunteer Registration" below to be part of VBS 2022.

TEEN HELPERS are also needed! Teens (13-19) will assist with the small groups, crafts, music, games and more. Teen Helpers must be available for the entire week and have their own transportation (from 8am-1pm).

A full-color version of *The Evangelist* is on our website! Go to "Media," then "The Evangelist."

HAPPY BIRTHDAY

JULY 1 Tim Hart Austin Reed	Chris Cottingham Michael Schimpf Sidney Smith	14 Amy Lewis	Marissa McGinty	Don Weir Dicksey Sanders Clay Stroud
2 Brenda Giles Daniel Clark Amanda Clingan Kevin Payne Penn Brightwell Emma Dailey	8 Dodie Billingsley Bob Williamson Lloyd Comegys	15 Benny Popwell Marie Toles Susannah Poljak Christian Hall Collier McElroy	22 Beverly Reeves Morgan O'Brien Gayle Labor Micah Strong	28 Pepper Lang Jack Berg Oliver Jenkins Lauren Ewing
3 Katherine Eagles	9 Pam Comegys Mary Yancey	16 Lynn Massad	23 John Peter Koellen Ellis Prince Bennett Herndon Sarah Elizabeth Larremore Parker Byles Susan Snyder	29 Chloe Thornton Tom Thompson Frank Harris Diane Long Wes Arnold Tammy Arnold Samuel Cooper Ann Nuckolls J.J. Fortiz Chelsie Pugh
4 Tom Needham Chris Aymond Tom Reed Kennon Comegys McKenzie Pugh	10 Carol Peterson Gene Snell Kelly Deupree Sherry Ward Connie Emmons Joanne Russell Tina Strong Elise Kowalewski Mae O'Brien	17 William Hardtner Danielle Hilario Katharine Knicely Ellen Erwin Stratton Erwin Alex Hall	24 Debbie Smith Rosalyn Fisher Stephanie Young Margaret Badgley Teresa Le Bleu	30 Jan Glass Thomas Siskron Patrick Caraway Laura Boyd Jaden Allen Matt Woodard
5 Ed Leatherman Elissa Larremore Nola Hargrove	11 Lauren Florsheim Kellie Kilcline Sam Powell	18 Judy Storer Roger Hammett Thomas Poljak	25 Lisa Hargrove Michele Q=Petersen Jane Shea Marguerite Allen	31 Rick Newell
6 Frances Simpson Bickham Dickson Dana Miller Robin Gore Leah Horn	12 Robin Jennings Laura Armeen Clyde Hargrove	19 Darrell Rebouche John Atkins	26 Barbara Dossett Warren Graves Elizabeth Peterson	
7 Kenneth Wright Beth Allen Ashley Nader	13 Kate Davis Natalie Cole	20 Clayton Simmons Caitlyn Hinkle Campbell Jones	27 Bob FitzGerald Susan Falbaum Kathy Lowe	
		21 Rob Gilchrist Laura McLemore Randolph Smith		

Cathedral School News

by Dr. Chris Carter, Headmaster
ccarter@smc.school

Although it may be summer vacation for students, St. Mark's Cathedral School is plenty busy over the summer. In June we ran four weeks of summer camps with nearly 200 children involved. As well as "traditional" day camps with themes such as "Up in the Air" and "Pirates and Princesses," there were specialty camps for sports, acting, and a variety of academic activities. We were excited to welcome parishioner children and grandchildren in addition to our SMCS families, and we had many St. Mark's graduates as counselors and camp workers!



Summer is also a time for lots of facility work, and we appreciate the good efforts of Mark Deverts in supporting these tasks. In addition to cleaning carpets and repainting various classrooms and hallways, we are installing new lighting in the Middle School and new fencing on the preschool playground to better protect our littlest Lions, some of whom like to run and hide out of their teachers' sightlines. We will inspect all the playground equipment and install fresh mulch for playground safety. By the time

our students return next month, we will have everything looking and working well as we start another great year!

Music & Worship

It's Cool in the Furnace

A Musical about Daniel, Nebuchadnezzar, Shadrach, Meshach and Abednego



Camp Instructors:

908 Rutherford Street • Shreveport

Saint Mark's 2022 Music Camp

Grades 2 -12

Monday-Friday, July 11-15

8:45 a.m. – 1:00 p.m.

Sunday, July 17

9:30 a.m. – Rehearsal

10:30 a.m. – Performance

Campers will receive a
music camp t-shirt and catered lunch.

Registration by QR code or visiting www.stmarkscathedral.net

For more information, please contact Derrick Meador at
derrick@stmarkscathedral.net



Katrina Cox



Leslye Gilchrist



Theresa Johnson



Derrick Meador



St. Mark's Physical Training
Monday-Friday 5:30 am at the Cathedral

meets at 5:30 a.m.
every weekday
morning in the
field across from
the parking lot.

DINNERS



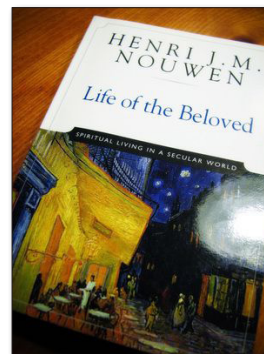
for Eight

Dinners for Eight is Back!

After a break for COVID-19, the Dinners for Eight program be getting underway again this summer. The purpose is simply to have fun and to get to know others on an informal basis in our homes.

Groups of eight people - singles and couples of various ages - are randomly formed for a period of

one year. Groups share four dinners throughout the year, each hosted by a different person/persons. The host provides the entrée and asks members of the group to bring other items. Contact Priscilla@stmarkscathedral.net if you would like to participate in one of these groups.



**Want to
enjoy some
fellowship
and a good
book during
the summer
without any
prep?**

Join us in the parlor at 9:30 a.m. on Sunday mornings in the Parlor to read *Life of the Beloved: Spiritual Living in a Secular World* by Henri Nouwen. We will read each chapter together, around the table, and discuss as we go. We will have donuts, muffins, or other pastries each week (along with the coffee in the kitchen). We will begin Sunday, June 12th. RSVP is not necessary, but we'd love to hear if you plan on coming. Please e-mail **Lauren & Seth Thibodeaux** at thiblauren@gmail.com. Feel free to join us at any point during the summer, whether you've been coming frequently or not.

Front Desk Help Needed!

We are again looking for volunteers to staff the front desk during the summer. We are looking for someone to work Tuesdays, Wednesdays or Fridays from 11:00 am till 2:00 pm. You can work every week or once a month, whatever your schedule can fit. Contact **Priscilla McLean**, priscilla@stmarkscathedral.net



**Sunday
Lectionary study**
Ministry Center
Garden Room

Lost Anything at Church?

Or maybe you're just missing some item and have no idea where it might have gone. Drop by or call the church office and check into our lost and found! We have everything from sunglasses to scarves to cell phones to jewelry (including some very nice pieces.) Check and see what you're missing!



Expectant Moms of St. Mark's



If you are or know anyone who is expecting a child our committee is up and running and is looking for mommies to be. Please contact us at bess@stmarkscathedral.net or sign up on our website under family ministries. We hope to welcome mothers into our community. We look forward to hearing from you soon.

MEMORIAL FLOWERS

July 3

The flowers on the High Altar are given to the glory of God and in loving memory of Dr. James Davis Boyd, Mr. & Mrs. James Curtis Stevens, Matthew Stevens Cameron, Mr. & Mrs. John Davis Boyd, William Michael Boyd, and Mary Taylor "Tal" Bourgeois Broyles.

The flowers on the Chapel Altar are given to the glory of God and in loving memory of Mr. & Mrs. Henry Restarick and Dr. & Mrs. Jack Pou.

July 10

The flowers on the High Altar are given to the glory of God and in loving memory of Mr. & Mrs. Frazier Jerome Montgomery, Mr. & Mrs. Kendall Reid Lauderdale, Mr. Ben Rance Clower, Miss Emily Hope Dunkerton, and in thanksgiving for the marriage of Margaret Anne and Ben Moss Lauderdale.

The flowers on the Chapel Altar are given to the glory of God and in loving memory of Paula Minor Coleman.

July 17

The flowers on the Chapel Altar are given to the glory of God and in honor of the 65th wedding anniversary of Lois and Roger Ennis.

July 24

The flowers on the Chapel Altar are given to the glory of God and in loving memory of Lorena Roediger Kennedy, Jacqueline Hooke Storer, H.E. "Bud" Storer and E. Craig Kennedy.

July 31

The flowers on the High Altar are given to the glory of God and in loving memory of Nancy Kate Hargrove and Nancy & Bob Green.

The flowers on the Chapel Altar are given to the glory of God and in honor of the birthday of Jack Berg.

BIRTHS

Arianna Pearl Knox, on June 16, 2022. Parents are **Celté & Broderick Knox**. Grandparents are **Kristen & William Weaver**.

John Nelson Shaughnessy, on June 19, 2022. Parents are **Morgan & John Shaughnessy**. Grandparents are **Clare & George Nelson**.

WEDDINGS

Those whom God has joined together, let no one put asunder.

Anna Elise Marsalis & Ashton Nicholas Hamm, on June 25, 2022.

BAPTISMS

Thomas Charles Harrison, son of **Annelies & Seth Harrison**, on June 26, 2022.

You are sealed by the Holy Spirit in Baptism and marked as Christ's own forever. Amen.

Members of the Vestry of St. Mark's Cathedral

Bill Kalmbach, Senior Warden – Lisa Love, Junior Warden – Murray Viser, Treasurer – John Reeks, Chancellor

2022	2023	2024	2025
Ellen Alley	Ellen Erwin	Clarence Babineaux	Karen Hardtner
Mike Ameen	Joe Jayroe	Rebecca Bryant	Chad Hill
Oliver Jenkins	Josh Knicely	Patrick Caraway	Claire Rebouche
Brad Massad	Theresa Meldrum	Mark Sealy	Jason Waltman
Emily Merkle	Joy Ratcliff	Lynn Yancey	Warren West

The Rt. Rev. Jacob W. Owensby
(Bishop of Western Louisiana)
bishopjake@epiwl.org

The Very Rev. Alston Johnson
(Dean)
abjohnson@stmarkscathedral.net

The Rev. Thomas Nsubuga
(Sub-Dean)
thomas@stmarkscathedral.net

The Rev. Dr. Rowena White
(Canon)
rowena@stmarkscathedral.net

Derrick Meador
(Organist and Choirmaster)
derrick@stmarkscathedral.net

Becky Deverts (Financial Office Manager)
becky@stmarkscathedral.net

Bess Maxwell (Administrative Assistant)
bess@stmarkscathedral.net

Priscilla McLean (Cathedral Calendar)
priscilla@stmarkscathedral.net

Jennifer Beruvides (Coordinator for
Events and Hands-on Outreach Ministry)
jennifer@stmarkscathedral.net

Beth Reeks
(Minister for Pre-K Children's Programs)
preschool.beth@gmail.com

Lisa Bingham (Financial Office Assistant Mgr.)
lisa@stmarkscathedral.net

Mark Deverts (Sexton)
mark@stmarkscathedral.net

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