

July 14, 2021



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**PAID**  
Shreveport, LA  
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## Baptisms

Emile George Jackson, son of Hailey & Blake Jackson, on July 11, 2021.

## Happy Birthday

<b>July 18</b> Roger Hammett Judy Storer Thomas Poljak	<b>21</b> Laura McLemore Rob Gilchrist Randolph Smith Marissa McGinty	<b>23</b> John Peter Koellen Susan Snyder Bennett Herndon Ellis Prince Parker Byles Sarah Elizabeth Larremore
<b>19</b> Darrell Rebouche John Atkins	<b>22</b> Gayle Labor Beverly Reeves Morgan O'Brien Micah Strong	<b>24</b> Debbie Smith Margaret Badgley Teresa LeBleu Stephanie Young Rosalyn Fisher Rachael Millen
<b>20</b> Campbell Jones Clayton Simmons Caitlyn Hinkie		

**St. Mark's Cathedral (Episcopal)**

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Address Service Requested

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THE  
MESSENGER

## Community

**Rally Day is coming up on August 29!** If you or your group would like a display table, please contact Jennifer Beruvides as soon as possible. [jennifer@stmarkscathedral.net](mailto:jennifer@stmarkscathedral.net).

**The Looking for God in Messy Places Summer Sunday School Class will meet this Sunday.** The class is open to everyone. We're reading Bishop Jake Owensby's new book, *Looking for God in Messy Places*, about hope. We're reading it aloud in class, so all you have to do is show up (and don't worry if you miss some weeks). E-mail **Lauren Thibodeaux** at [thiblauren@gmail.com](mailto:thiblauren@gmail.com) if you have any questions.

**Dean Johnson, and other Cathedral clergy, are facilitating a Sunday morning class and discussion following our Sunday Eucharistic Lectionary Readings.** We hope that you will grab a cup of coffee and join us in The Garden Room at 9:30 am for this gathering and scriptural study.

**We're getting the band back together!** There will be two acolyte training sessions next month for all new and returning acolytes. You must attend one of the sessions. Those sessions will be **August 15** and **August 22** immediately after the 10:30 am service. Please meet in the choir stalls.

To love and serve Christ.

To love and serve each other in Christ.

To love and serve the world for Christ.

**Meals On Wheels Opportunity!** It's only a one hour volunteer opportunity every Monday delivering Meals on Wheels to eight seniors at Evangeline senior apartments (across street from Betty Virginia Park) St Marks would like to get a team together to do this once a week. The team can decide on their schedule for the each month. **Please email Jennifer for more information. [Jennifer@stmarkscathedral.net](mailto:Jennifer@stmarkscathedral.net)**

**Hello St. Mark's Families!** Catechesis of the Good Shepherd is beginning again **Sunday, September 12.** Level 1 Atrium is for children in K3 (who are potty-trained) - Kindergarten. Level 2 Atrium is for 1st graders - 3rd graders. Look out for registration forms available at the church office and by the nursery door. Please stop by our table to talk to Catechists at Rally Day in August. We look forward to seeing the children again in the Atrium to learn about Jesus, Our Good Shepherd, the liturgy of our church, and discover the Bible. **Learn more about Catechesis at <https://www.cgsusa.org/>.**

**If you are or know anyone who is expecting a child our committee is up and running and is looking for mommies to be.** Please contact us at [bess@stmarkscathedral.net](mailto:bess@stmarkscathedral.net) or sign up on our website under family ministries. We hope to welcome mothers into our community. We look forward to hearing from you soon.

**If you are going through a difficult time,** one of the Stephen Ministers from St. Mark's may be able to help. Stephen Ministers are laypersons who have received special training to listen, care, encourage and provide emotional and spiritual support for persons who are facing a crisis or going through tough times. After all, there are many difficulties and transitions in this life! Why not give yourself the gift of a Stephen Minister who can accompany you on part of your journey?! The care you receive is confidential, free and very helpful. For more information, contact **the Rev. Dr. Rowena White at [rowena@stmarkscathedral.net](mailto:rowena@stmarkscathedral.net).**

**STMPT (St. Mark's Physical Training)** meets at 5:30 a.m. every weekday morning in the field across from the parking lot.

**St. Mark's has a birthday card ministry!** If you find yourself wanting to serve but needing to do it on your own time, please consider this meaningful ministry. Materials are provided. For more information, please contact Lauren Ewing at 550-1743 or [lauren.ewing@me.com](mailto:lauren.ewing@me.com).

### Sunday Readings

The Eighth Sunday after Pentecost  
Jeremiah 23:1-6 \* Ephesians 2:11-22  
Mark 6:30-34, 53-56

## Thoughts from the Dean and the Stewardship Team

Mirrors and windows are both found in most homes and both made of glass, but differ in one very important way. Mirrors tell us about ourselves, while windows tell us about others. Look into a mirror for even one minute, and you're almost guaranteed to see something you don't like. It may be a crooked hair part (easily fixable with a comb) or a need to lose weight (not so easy, even with a gym membership). Windows are different. Through a window, we see the world around us. If we look long enough, we may well see something or someone that needs help. It may be the lawn of a shut-in that needs mowing. It may be a new neighbor we could invite to church. Maybe it's only a can lying in the gutter, which we could drop in our recycling bin. The question is, do we actually do any of these things? If we all spent more time looking through windows instead of at mirrors, we could make the world a much better place.

## Additional Resources

Dean Alston Johnson's Blog:

<https://thecarpentersnail.blog/>

St. Mark's Facebook page:

<https://www.facebook.com/St-Marks-Cathedral-Shreveport-181096028587074/>

Bishop Jake Owensby's Blog:

<https://jakeowensby.com/blog/>